

2011

# Go **And Make** Disciples

The Cross and Beyond

Lesson 31: A Sick Woman is Healed

Mission Arlington • Mission Metroplex Curriculum

#### A Sick Woman is Healed

#### Scripture

Matthew 9:20-22 Mark 5:21, 24-34 Luke 8:40, 42-48

#### **Memory Verse**

Honor Christ and let Him be the Lord of your life. Always be ready to give an answer when someone asks you about your hope. 1 Peter 3:15 (CEV)

#### **Lesson Goals**

Understand that the woman who had been sick for 12 years had faith that Jesus could heal her.

Understand that the woman acted on her belief and was healed.

Understand that faith is belief that expresses itself in action. The following is a summary of the Bible story to help supplement your preparation. In your personal study time, use this summary as a guide, and make notes to help you remember your plans for the lesson. Please do **NOT** read to the children.

What do you remember about our last lesson? Jesus and His disciples crossed the Sea of Galilee. They met a man who was controlled by demons and Jesus freed him. What did Jesus tell the man when he wanted to go with them? (He told him to go and tell his friends and family about the kindness of God.) After Jesus healed the man controlled by demons, "Jesus went across the Sea of Galilee in a boat. It landed on the other side. There a large crowd gathered around Him." (Mark 5:21 NIrV)

The crowd was so large around Jesus and they were so focused on seeing Him that they almost crushed Him. In the pushing and jostling to see Jesus, there was a woman there who wanted to see Him.

You see, this woman had been sick for a very long time. She had a disease that made her bleed. She had been sick this way for twelve years and in those twelve years had seen many doctors. She had suffered a lot and by now, had spent all her money trying to find a cure for the sickness. "But she was getting worse, not better. Then she heard about Jesus." (Mark 5:26b-27a NIrV) This woman had amazing faith. She believed Jesus could heal her, but instead of walking up to Him and asking, she came up behind Jesus. "She thought, 'I just need to touch His clothes. Then I will be healed.'" (Mark 5:28 NIrV) So, that is what she did. She reached out and touched His robe and "right away her bleeding stopped. She felt in her body that her suffering was over." (Mark 5:29 NIrV)

At that very moment, Jesus felt something as well. He "knew that power had gone out from Him." (Mark 5:30a NIrV) So Jesus turned around in that sea of people and asked, "Who touched Me?"

At first, no one admitted to touching Jesus. Jesus' disciples could hardly believe He had even asked the question. They said, "What are you talking about? With this crowd pushing and jostling You, You're asking, 'Who touched Me?' Dozens have touched You!" (Mark 5: 31 MSG) Jesus knew the difference between "pushing and jostling" and the power that had gone out from Him, so He kept looking around.

"The woman knew that she could not hide, so she came trembling and knelt down in front of Jesus. She told everyone why she had touched Him and that she had been healed right away." (Luke 8:47 CEV)

And then, Jesus openly blessed the healing the woman had looked for in secret. "He said to her, 'Dear woman, your faith has healed you. Go in peace. You are free from your suffering.'" (Mark 5:34 NIrV)

#### Application

Our memory verse says, "Honor Christ and let Him be the Lord of your life. Always be ready to give an answer when someone asks you about your hope." (1 Peter 3:15 CEV)

What does it mean to "honor Christ?" It means to separate ourselves from the selfishness and filth of this world for fellowship with God.

What does it mean to "let Him be the Lord of your life?" This is when you realize that your life can be trusted to the God of the universe. It is when you give Him control of your life instead of trying to run it yourself.

Our memory verse ends with "Always be ready to give an answer when someone asks you about your hope." Should there ever be a time when we are too tired or too busy to talk to someone about the Lord? No. So, when we have an opportunity to share our hope, our faith in Jesus Christ, we should take it, just like the woman in our lesson.

So, what is it that you are suffering with? What has taken up your time and money and left you worse than when you started? It may be a physical problem or it may be something else completely. Have you heard of Jesus? Do you know that He can heal and help? Will you seek Him out as this woman did?

Maybe you are thinking that there is nothing wrong with you, at least nothing anyone else can see. Did you know that we all suffer from the same kind of sickness? The Bible is clear when it says, "All have sinned." (Romans 3:23) Every one of us has sinned and sin separates us from God. Jesus, because of His death on the cross, is able to help us. When He died on the cross, Jesus paid the price for all of your sin and mine. He offers freedom and eternal life, not the death that comes from sin-sickness. Will you turn to Jesus? Will you have amazing faith like the woman in our story did? Go to Him for help and you won't be disappointed.

If you have already looked for Jesus to heal you of your sin-sickness and found healing, and if you follow Him, have you given public testimony to what Jesus has done for you? It may not be easy at first. The woman in our lesson was shaking with fear, but she spoke up anyway! Our memory verse says, "Honor Christ and let him be the Lord of your life. Always be ready to give an answer when someone asks you about your hope." (1 Peter 3:15 CEV) Are you willing to take that step of faith in your life?

#### **Preparing for the Next Lesson**

Jairus' Daughter is Raised

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#### **Preschool Lesson**

#### **Teachers:**

Bring a robe. Act out the lesson.

In our last lesson Jesus and His disciples crossed the Sea of Galilee. They met a wild man. Jesus helped him. After He helped the man, "Jesus went across the Sea of Galilee in a boat. It landed on the other side. A large crowd gathered around Him.

The crowd was very large. They almost crushed Him. In all the pushing to see Jesus, there was a woman there who wanted to see Him.

You see, this woman had been sick for a very long time. She had a disease that made her bleed. She had been sick this way for twelve years and in those twelve years had seen many doctors. She had suffered a lot. She had spent all her money trying to find a cure for the sickness. "But she was getting worse, not better. Then she heard about Jesus." (Mark 5:26b-27a NIrV) She believed Jesus could heal her, but instead of walking up to Him and asking, she came up behind Jesus. "She thought, 'I just need to touch His clothes. Then I will be healed.'" (Mark 5:28 NIrV) So, that is what she did. She reached out and touched His robe and "right away her bleeding stopped. She felt in her body that her suffering was over." (Mark 5:29 NIrV)

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The woman knew that she could not hide. She came shaking with fear and knelt down in front of Jesus. She told everyone why she had touched Him. She told them that she had been healed right away.

Jesus was kind to her. He told her, "Because you believed, you are healed. Peace. You won't suffer any more."

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#### **Activities**

- Memory Verse Activity Make mirrors. Attach aluminum foil to construction paper, leaving a "frame" around the edge. Print the memory verse across the mirror or around the "frame" of the mirror.
- Encourage your students to fill out the journal/note page found on page
   This can be used during the story to help focus your students or after the story as a review.
- Bring candy for a snack today. Talk about the "sweetness" of being healed.
- Make a list of other times in the Bible when Jesus healed.
- Sing "He's Changing Me," "Get All Excited," "I Love to Tell the Story," or another song related to the lesson.
- Find the Sea of Galilee on a map of Israel. Trace Jesus' route across the sea to the Gadarenes and back.
- Dig Deeper: Jamieson, Fauset and Brown quote Augustine (speaking of the woman in our lesson) as saying "'multitudes still come similarly close to Christ in the means of grace, but all to no purpose, being only sucked into the crowd.' The voluntary, living contact of faith is that electric conductor which alone draws virtue out of Him."\* Discuss this, in light of the lesson.

\*Jamieson, Robert; A.R. Fausset; and David Brown. "Commentary on Mark 5.". Blue Letter Bible. 19 Feb 2000. 2011. 18 Jul 2011. <a href="http://www.blueletterbible.org/commentaries/comm\_view.cfm?">http://www.blueletterbible.org/commentaries/comm\_view.cfm?</a>
AuthorID=7&contentID=2867&commInfo=6&topic=Mark&ar=Mar\_5\_34 >

## **HONOR CHRIST**

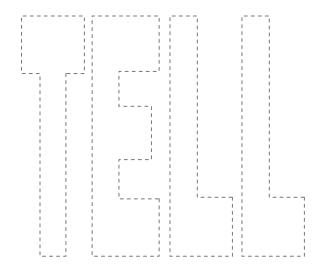
and let Him be the Lord of your life.

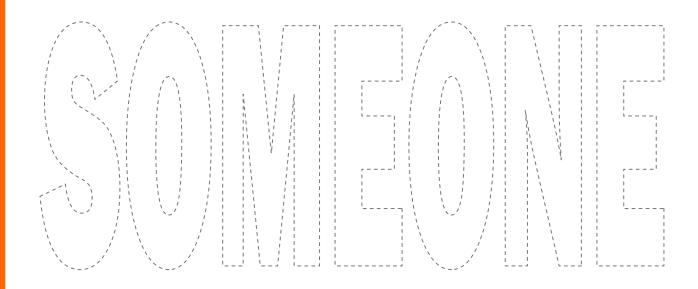
# ALWAYS BE READY

to give an answer when someone asks you about your hope.

1 Peter 3:15

### Trace the letters.





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Focus on the Story						
Story Title:						
Scripture References:						
Main Characters:						
Story Summary:						
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#### **Word Search**

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Find the underlined words from the memory verse in the puzzle above.

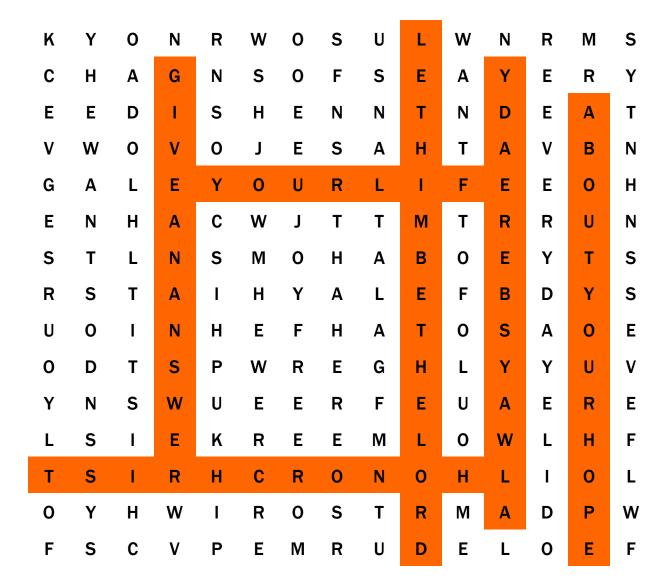
Honor Christ and let him be the Lord of your life.

Always be ready to give an answer
when someone asks you about your hope.

1 Peter 3:15



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#### **Preschool Word Search**

R F C K S ı T Α S U Ε R Т Ε J Ε S U S R Υ В Υ 0 Ρ Ε M Α N Ν Ε Н Α T W S R I S S ٧ D Н Ε N Ε D J M Α S Ε W 0 N F Ν Υ L Q J Ε T Ε Т 0 U C Н Ε 0 S Т 0 T  $\mathbf{W}$ Ε L ٧ Ε M R Ε S S Α Υ Т Н В W I L D R M D ı L T  $\mathbf{W}$ Ε Ε T S T R D I Ε S S Ε R D 0 R В Ν C Н Ε Ε S L L P Ε Ν R J Н Ε L Ν S Н ٧ Ε Α R Ν Α

JESUS WOMAN
SICK TWELVE

**HEAL** 

**TOUCH** 



#### **Preschool Word Search**

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R	I	V	D	I	S	Н	Ε	N	Ε	D	S
J	Ε	W	0	M	Α	N	F	N	Y	L	S
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JESUS WOMAN
SICK TWELVE
TOUCH HEAL