Arlington, Dallas Cowboys form powerful huddle for charity. Here's how you can help

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Arlington Mayor Jeff Williams, shown with Dallas Cowboys mascot Rowdy, is leading the Mayor's Hometown Huddle for 100 charity event Saturday, Sept. 7. CITY OF ARLINGTON *COURTESY*

Huddles are the places where plans are discussed with the hope for success once implemented on the football field.

And if the plan works, yardage is gained — and sometimes even a touchdown is scored.

The City of Arlington and the Dallas Cowboys are hoping to do a lot of scoring as they team with volunteers from a variety of charity organizations Saturday for the Mayor's Hometown Huddle for 100.

The event is a day of community service and is part of a nationwide volunteer effort to help celebrate the 100th season of the National Football League.

"I can't wait for everyone to witness the kindness that exists throughout the Arlington community and our nonprofit organizations," Arlington Mayor Jeff Williams said.

The nationwide goal is to get a million to donate 100 minutes of their time to a local cause in an effort to make 100 million impacts on communities.