


DISCIPLESHIP LESSONS



Teacher's Edition

Mission Arlington/Mission Metroplex Curriculum
Created for use with young, new believers • Adaptable for all ages including adults

Basic Discipleship Lessons

Teacher's Edition

Lesson 1: Parable of the Soils

Read through one, or all, of the Scriptures (Matthew 13:1-23, Mark 4:1-25, Luke 8:4-18). Using the "Parable of the Soils" chart, note each type of soil and the type of person it represents. When you have completed the chart, ask your students questions based on the parable. Finish with a question like, "Which of the soils/people bore fruit?" Then, read John 15:1-8 together. Encourage your students to be the good soil, explaining that the deeper their roots grow in Christ, He produces the fruit in them.

Lesson 2: Books of the Bible

Talk about Bible Basics like the Old and New Testaments, the 66 books, chapters and verses. Talk about how to find specific verses in the Bible. Also take this time to begin reviewing and learning the books of the Bible. Play matching games or a bingo type game to reinforce the information. Begin each of the remaining weeks by practicing the books of the Bible.

Lesson 3: Who I Am in Him

Read Ephesians 1:1-4:16. Encourage students to pay attention to everything said about who they are in Christ. Use the chart "Who I Am in Him" to note what they find. Review the list and talk about the application of that information. What difference does it make in your life?

Lesson 4: Instructions for Christian Living

Read Ephesians 4:17-5:20. Using the chart labeled "Instructions for Christian Living," fill in the appropriate column, "Put off" or "Put on," as you study through the passage. These are practical ways to put into practice what God is teaching.

Lesson 5: Sermon on the Mount

Discuss the choosing of the disciples (Luke 6:12-16, Matthew 4:18-22) and the teaching that followed (Luke 6:17-26 ff). Those verses and following are known as the Sermon on the Mount, some of Jesus' first lessons to His disciples. Study through the Sermon on the Mount (Matthew 5-7) using the available charts. This will require the next nine charts. Be careful to focus on the whole text, discussing as you go. Do not just fill out charts.

Lesson 6: My Testimony

What is a testimony? A testimony is a personal story of how you met Christ and what He is doing in your life. Read Acts 22:1-21 and discuss the parts of Paul's testimony: 1) Life before becoming a Christian, 2) How he came to know/accept Christ, and 3) Life and Growth after coming to know Christ. Using the "My Testimony" chart, encourage your students to write their own testimony following Paul's pattern and then share it with each other.

Lesson 7: The Plan of Salvation

Review and encourage memorization of the Plan of Salvation. Help your students practice sharing how to lead someone to Christ. Talk with them about how to incorporate their testimony as well.

Lesson 8: What the Holy Spirit Does for Christians

Read Ephesians 1:13-14; John 14:15-18, 16:7-15. On the chart "What the Holy Spirit Does for Christians" note everything you learn.

Lesson 9: Scripture Memory

Talk about the Importance of Scripture Memory (Psalm 119:9, 11, 105). Begin a plan of Scripture memorization.

Lesson 10: The Lord's Supper

Choose one or more of the following Scriptures to share with your students: Matthew 26:17-30; Mark 14:12-26; Luke 22:7-20; 1 Corinthians 11:17-34. Share the Lord's Supper together.

Parable of the Soils

(Matthew 13:1-23, Mark 4:1-25, Luke 8:4-18)

Type of Soil	Type of Person
the path	hears message about kingdom doesn't understand it evil one comes, snatches it away so they may not believe and be saved
rocky places	hears the word and receives it no root, last short time/believe for a while when trouble/persecution come they fall away
thorns	hears the word worries of life, deceitfulness of wealth, and desire for other things choke the word unfruitful/do not mature
good soil	hears the word understands it/accepts it produces crop

Who I Am in Him

Ephesians 1:1-4:16

- Blessed in the heavenly realms with every spiritual blessing 1:3
- Chosen before the creation of the world to be holy and blameless 1:4
- Adopted as children 1:5
- Redeemed through His blood, Forgiven of sins 1:7
- Lavished with God's grace 1:7-8
- Chosen for the praise of His glory 1:11-12
- Marked with a seal, the Holy Spirit 1:14
- Called to hope 1:18
- Alive with Christ 2:5
- Raised up with Christ and seated in heavenly realms 2:6
- God's handiwork 2:10
- Created in Christ Jesus to do good works 2:10
- Brought near by the blood of Christ 2:13
- Reconciled to God 2:16
- Have access to the Father by one Spirit 2:18
- Fellow citizens with God's people 2:19
- Members of His household 2:19
- Being built together to become a dwelling in which God lives by His Spirit 2:22
- May approach God with freedom and confidence 3:12
- Loved by God 3:17-19
- Growing to become the mature body of Christ 4:15

Instructions for Christian Living

(Ephesians 4:17-5:20)

Put off (STOP)	Put on (START)
<p>living as Gentiles do</p> <p>the old self/sinful nature</p> <p>telling lies</p> <p>sinning in anger</p> <p>stealing</p> <p>using foul or abusive language</p> <p>bringing sorrow to God's Spirit by the way you live</p> <p>bitterness, rage, anger, harsh words, slander, all evil behavior</p> <p>sexual immorality, impurity, greed</p> <p>obscene stories, foolish talk, coarse jokes</p> <p>getting drunk</p>	<p>the new self/new nature</p> <p>tell the truth</p> <p>don't let sun go down while angry</p> <p>work and share with needy</p> <p>saying what is good and helpful</p> <p>being kind to each other, tender-hearted, forgiving one another</p> <p>imitate God/follow His example</p> <p>thankfulness to God</p> <p>be filled with the Spirit</p> <p>give thanks for everything</p>

Sermon on the Mount: The Beatitudes

(Matthew 5:1-12)

Blessed are the...	They will...
Poor in spirit mourners humble hungry and thirsty for justice merciful pure in heart workers for peace persecuted (for doing right) those mocked, persecuted, and lied about	have the Kingdom of Heaven be comforted inherit the whole earth be satisfied shown mercy see God be called children of God have the Kingdom of Heaven receive a great reward in Heaven

Sermon on the Mount: Salt and Light

(Matthew 5:13-16)

I am the salt of the earth.

Salt	Me
gives flavor (but can lose flavor) heals preserves	make a difference where I am be who God made me to be build up/don't tear down be encouraging share my faith with others etc.

I am the light of the world.

Light	Me
gives light dispels the darkness not hidden	let my light shine tell others about Jesus be bold talk to my friends don't hide my faith etc.

Sermon on the Mount: My Heart

(Read Matthew 5:17-20 together, then read v21-48 and complete the chart.)

Be perfect as your heavenly Father is perfect. (v48)

You have heard it said...	But I tell you...
You must not murder... or you're subject to judgment	if you are angry with someone... you are subject to judgment!
You must not commit adultery	Anyone who even looks at a woman with lust has already committed adultery with her in his heart.
A man can divorce his wife with written notice	A man who divorces his wife, unless she has been unfaithful, causes her to commit adultery.
You must not break your vows	Do not make any vows! Just say a simple, "Yes, I will," or "No, I won't."
Love your neighbor... and hate your enemy	Love your enemies! Pray for those who persecute you!

Sermon on the Mount: Practicing Righteousness

(Matthew 6:1-18)

Be careful not to practice your righteousness in front of others to be seen by them. If you do, you will have no reward from your Father in heaven. Matthew 6:1

So when you...	Don't	Do
Give to the needy	announce it with trumpets	give in secret
Pray	don't let your left hand know what your right hand is doing	
	pray...to be seen by others	go into your room, close the door and pray to your Father
Fast	don't keep on babbling	
	don't look somber (show others you are fasting)	put oil on your head and wash your face

Sermon on the Mount: The Lord's Prayer

(Matthew 6:9-15)

Pray like this... Matthew 6:9

Lord's Prayer	Example of...
Our Father in heaven	relationship, community
Hallowed be Your name	praise and adoration
Your kingdom come	Looking forward to heaven
Your will be done, on earth as in heaven	praying for obedience
Give us today our daily bread	dependence on God
Forgive us our debts as we forgive our debtors	forgiveness, put into practice
Lead us not into temptation, but deliver us from the evil one	prayer for strength under temptation

Sermon on the Mount: Treasures in Heaven

(Matthew 6:19-24)

Your heart will be where your treasure is. Matthew 6:21

Don't	store up treasures here on earth (moths eat them and rust destroys them, thieves break in and steal) Cannot serve God and be enslaved to money
Do	store up for yourselves treasures in heaven (moths and rust cannot destroy, thieves do not break in and steal)

Read and discuss Matthew 13:44-46

Sermon on the Mount: Do Not Worry

(Matthew 6:25-34)

Do not worry about...	Instead...
<p>everyday life (whether you have enough food and drink, or enough clothes to wear)</p>	<p>Look at the birds (they don't plant or harvest or store food in barns, for your heavenly Father feeds them) You are more valuable than they are.</p>
<p>clothing</p>	<p>look at the lilies of the field (They don't work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are. God will also care for you.</p>
<p>these things (saying "What will we eat? What will we drink? What will we wear?" These things dominate the thoughts of unbelievers.)</p>	<p>Seek the Kingdom of God above all else, and live righteously your heavenly Father knows all your needs...He will give you everything you need</p>
<p>tomorrow (tomorrow will bring own worries.)</p>	

Sermon on the Mount: True and False Disciples

(Matthew 7:1-29)

True Disciple	False Disciple
<p>don't judge others</p> <p>keep on asking, seeking, and knocking</p> <p>enter God's kingdom through narrow gate and the difficult road</p> <p>like a good tree that produces good fruit</p> <p>does the will of God</p> <p>listens to Jesus' teaching and follows it (or puts it into practice)</p> <p>wise</p>	<p>highway to hell is broad and the gate is wide</p> <p>like a bad tree that produces bad fruit</p> <p>hears Jesus' teaching and doesn't obey</p> <p>foolish</p>

My Testimony

(Write out your testimony to share with your students as another example.)

1. My life before becoming a Christian:

2. How I came to know/accept Christ:

3. My life and spiritual growth after coming to know Christ:

The Plan of Salvation

Romans 3:23

For all have sinned;
all fall short of God's glorious standard.

Romans 6:23

For the wages of sin is death, but the free gift of
God is eternal life through Christ Jesus our Lord.

Romans 10:13

For anyone who calls on the name of the Lord will be saved.

Romans 10:9

For if you confess with your mouth that
Jesus is Lord and believe in your heart that God
raised Him from the dead, you will be saved.

1 John 1:9

But if we confess our sins to Him, He is faithful and just
to forgive us and to cleanse us from every wrong.

John 3:16

For God so loved the world that He gave His one
and only Son, so that everyone who believes in Him
will not perish but have eternal life.

What the Holy Spirit Does in Christians

Ephesians 1:13-14; John 14:15-18, 16:7-15

- Given to us when we believe in Christ
- God's guarantee of the inheritance promised
- Leads us into all truth
- Convicts the world of sin, of God's righteousness, and the coming judgment
- Guide you into all truth
- Will tell you what He has heard
- Will tell you about the future
- Will bring glory to Jesus by telling us whatever He receives from Jesus
-
-
-