

Old Testament

Mission Arlington • Mission Metroplex Curriculum • 2009

Through the Old Testament in Two Years

Part One



Created for use with young, unchurched learners
Adaptable for all ages including adults

Old Testament

Abraham

Last week we learned about Noah. God told Noah that He was going to send a flood to the earth. God asked Noah to build an ark. Noah obeyed God. God saved Noah and his family.

Genesis 12:1-9

Read the Bible

READ: Genesis 12:1-9 (Hold your Bible open throughout the story.)

Memory Verse:

When there was no reason for hope, Abraham believed because he had hope. He became the father of many nations, exactly as God had promised. **(Romans 4:18 NirV)**

Begin With Prayer

This week we will learn about another man who obeyed God. His name was Abraham. He was a man who loved God. Abraham and his family lived in the town of Haran. Back then, people lived with their families. Everyone lived close together and cared for each other. One day, God told Abraham to do an unusual thing. God asked Abraham to leave his family and friends to travel to a new place. God told him that He would make his people a great nation. God told Abraham that He would bless him and he would have many children. Abraham listened to God and obeyed Him. Abraham was 75 years old when God told him to move. (Genesis 12:1-4) Abraham took his wife, Sarah, his nephew named Lot, and all his possessions and traveled where God led them. Abraham was not even sure where God was leading him, but he followed and obeyed God. Abraham knew that God would protect them and bless them. He knew that God would keep His promises. Abraham traveled through the land to a place where some of their enemies lived. God spoke to him and told him, "I will give you and your children this land." (Genesis 12:5-7) Abraham believed God and built an altar in that spot to remind him of God's promise and that God appeared to him. As Abraham was traveling, he and his family lived in tents. So every time they moved, they had to take down their tents, roll them up, and travel. It must have taken lots of patience to travel especially with so much stuff to carry! (Genesis 12:8-9) Abraham was faithful to God and followed God. Life was not easy for his family because they were in a strange place away from their family. They knew that God promised to bless them and care for them, so they followed Him with all their hearts. (Romans 4:18)

Lesson Goals:

1. Understand that Abraham believed God.
2. Understand that God called Abraham when he was 75 years old.
3. Recognize that God didn't tell Abraham where he was going.
4. Learn that God promised Abraham a son when he was old.

Abraham — Bible Facts

- | | |
|--|--------------------------|
| 1. God told Abraham to go to a land He would show him. | 2. Abraham obeyed God. |
| 3. God told Abraham he would have children as numerous as the stars. | 4. Abraham believed God. |

One night later, God again showed Abraham that he would have many children. He showed Abraham the night sky and asked him to count the stars. Of course, there were too many to count. God told Abraham that in the same way he would have more children than all these stars. (Genesis 15:5-6) Remember, Abraham was over 75 years old and had no children. He had to believe that God had a plan and was able to help him have children even in his old age.

Abraham trusted God and believed in Him. God helped him travel to another country even though Abraham was not sure where he was going. Do you believe in God and trust Him? Would you follow God even though you were not sure where you would go?

God gave us a promise also. He promised us that He would make a way for us to get to Heaven one day.

Review Questions

1. What did God ask Abraham to do? (to go to a land He would show him)
2. What did Abraham do? (Abraham obeyed God)
3. What did God say to Abraham? (Abraham would have children as numerous as the stars)
4. Did Abraham believe God? (Abraham believed God.)

Do You Know Jesus?

God promised that He would make a way for us to get to Heaven one day. He did! God sent us His Son, Jesus, to make a way for us to get to Heaven. Jesus died and came back to life three days later. If you believe in Him and ask Him to come into your life, God will clear away all your wrongs and make a way for you to go to Heaven. (Romans 10:9-10; John 14:6; I John 1:9) If you would like to know more about Heaven, talk to your teacher.

Prayer Time

1. Take a moment to listen to God.
2. Thank God for sending Jesus to make a way for us to get to heaven.
3. Ask God to help you follow Him.
4. Pray for friends and family members who need to follow God.

Application

God called Abraham when he was 75 years old. God told him to go to a land that He would show him. But, God didn't tell Abraham where he was going. God also promised Abraham a son even though he was old. Abraham believed God and followed Him. God kept His promises.

Planning for the next week:

Abraham and Lot — Genesis 13:1-18

Preschool Lesson

Read the Bible

READ: Genesis 12:1-9 (Hold your Bible open throughout the story.)

Teachers: bring a little tent or drape cloth over the table and let the kids sit inside. Bring a sleeping bag, too.

One day God talked to a man named Abraham. He loved God and listened to Him. (Let the kids put their hand behind their ears) God told Abraham to move away from his family and friends. Abraham loved God and listened to Him. God also told Abraham that He would have lots of children and be a great people. He told Abraham that He would bless him.

Abraham obeyed God and traveled where God told him to go. (Wave goodbye.) Abraham took his wife Sarah, his nephew Lot, and all his stuff and traveled.

Abraham and his family lived in tents. So, every time God told them to move, they had to roll up their tents and travel. (Roll up the sleeping bag) It was lots of work, but they obeyed God and did what He said.

God kept His promise and helped Abraham. We need to love God and obey Him. Thank God for loving us and always keeping His promises.

Prayer Time

1. Take a moment to listen to God.
2. Thank God for keeping His promises.
3. Ask God to help you love and obey Him.

Memory verse for younger children:

Abraham believed God. Romans 14:8 NIRV

Learning Activities

- **Memory verse activity**— Have the children find the memory verse in their Bibles. Write the words on a white board or piece of paper. Say the verse together and help the children understand it. Then one by one, block out a word (or erase it). See if the kids can remember the whole thing.
- **Test your memory**— Abraham and his family lived in tents. Let the kids help you set up a tent to retell the story. If you don't have a tent, use sheets and drape over a table.
- **Taste activity** — Enjoy trail mix to remind the kids of traveling like Abraham did.

Create a tent snack with graham crackers. Prop two long rectangle graham crackers together to look like a tent. Use frosting to hold them together. Enjoy!

Make S'mores. Bring graham crackers, chocolate, marshmallows and wax paper. The kids will love them cold or zapped in the microwave.

- **Think about it** — Talk about how it felt to be led and not know where you are going. Talk about how Abraham and Sarah must have felt, following God and not knowing where they were going.

Abraham listened to God, believed, and obeyed. Talk to the kids about how they can listen to God, believe, and obey.

Abraham had to leave his country, his family, and what he knew. Talk about how following God was not an easy thing for Abraham.

- **Touch activity**— God showed Abraham the stars at night. Fold different shaped stars and hang them up in the room.

Make stars out of glue on black construction paper. Sprinkle with salt or sugar or silver glitter to glisten. Write the verse on the paper with a white crayon.

- **Run and play**— Play a game of "Follow the Leader" with your kids and talk about how Abraham followed God.

Make a map to follow. Maybe have a prize that marks the spot!

Blindfold half the kids and let the other half lead them around. Remind them that they will switch places in a couple of minutes.

- **Listen**— As the children take time for silence, remind them that God listens to our prayers and that He wants us to follow Him.
- **Sing** — Take time to sing "I Have Decided to Follow Jesus," "Only Believe," "Faith, Faith, Faith," or sing a song related to the story.
- **Reach out** — During class, schedule a time for some of the older kids to go visiting with you—let them lead you to new people in the complex. Pray specifically for kids that did not come today. Take several of the children with you and deliver coloring pages. Encourage them to read the story in the Bible.

Memory Verse

When there was
no reason
for hope,
Abraham believed
because he had hope.
He became
the father
of many nations,
exactly as
God had promised.
Romans 4:18

Word Puzzle

Trace the letters.

Abraham

believed

God.

Word Search

D L T T N E P R D S F D
F P A D B K Y O M D E D
D G B E M E O V A V R F
N E R Y E V G N E D A C
J G A E F O I I R V T N
D D H B F M L G T F L D
K E A O A E B E O R A E
U S M L B E N C L S N S
N I T S A R A H T P P S
T A E S I M O R P B K E
R E D S G L S F M R C L
N K B D J R P Y V L H B

ABRAHAM

SARAH

LOT

MOVE

BELIEVED

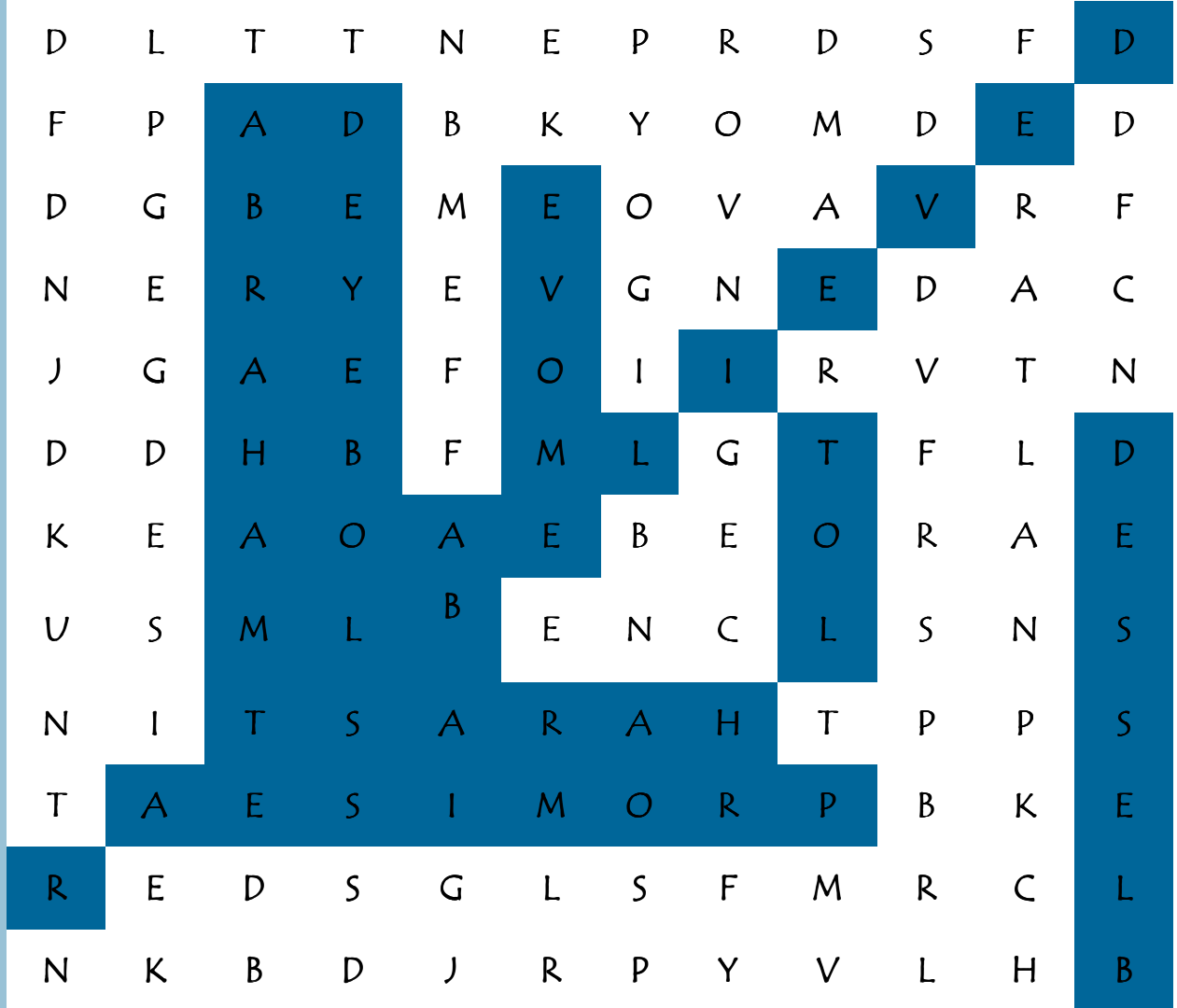
OBEYED

BLESSED

ALTAR

PROMISE

Word Search



ABRAHAM

SARAH

LOT

MOVE

BELIEVED

OBEYED

BLESSED

ALTAR

PROMISE

Word Search

J M D H V K P R B F S T
P R O B E Y F D K C J N
H D S P R O M I S E K F
G N K M B E L I E V E G
M F S L G Q R T K V P B
A B R A H A M F C P J N
J M O V E P L K F S T D
A R A L T A R A M I L Y
R T P S K J M Q S C V D
N F G H S B R V T H J R

PROMISE

BELIEVE

ALTAR

ABRAHAM

MOVE

OBEY

Word Search

J M D H V K P R B F S T
P R O B E Y F D K C J N
H D S P R O M I S E K F
G N K M B E L I E V E G
M F S L G Q R T K V P B
A B R A H A M F C P J N
J M O V E P L K F S T D
A R A L T A R A M I L Y
R T P S K J M Q S C V D
N F G H S B R V T H J R

PROMISE

BELIEVE

ALTAR

ABRAHAM

MOVE

OBEY

Anagram

ABRAHAM

LOT

SARAH

FAMILY

REASON

HOPE

BELIEVED

PROMISE

GOD

Anagram

AAABMHR

LTO

SHRAA

YFIALM

EANORS

EOPH

EEEIDBVL

EIOSPMR

DGO