LIFE OF CHRIST from the gospel of Luke

Lesson 9

Lord of the Sabbath

Luke 6:1–11; 13:10–17

Life of Christ

Lord of the Sabbath

Luke 6:1-11; 13:10-17

Younger Verse

"The Son of Man is Lord of the Sabbath day." Luke 6:5

Older Verse

"The Son of Man is Lord of the Sabbath day." Luke 6:5

Bible Story



Please note: This portion of the lesson is given to help in teaching the lesson. Please read through the story and read it in the Bible. Do **NOT** read from this piece of paper. Instead, make a note sheet and place it next to the story in the Bible.

Jesus went to the synagogue again and taught the people. Remember, this was the place where the Jewish people worshipped God. This particular day, it was a **Sabbath** day. This was a very important day for God's people. They were to rest and worship God. However, the Pharisees had added to what God had required for the Sabbath. They created their own rules for people. This made it hard for people to do *anything on* the Sabbath!

The Pharisees had already criticized Jesus and His disciples for picking wheat and eating it on a Sabbath. The Pharisees said it was work to pick *and* eat. Jesus had told them that He was Lord of the Sabbath day.

At the synagogue, there was a man with a crippled right hand. The Pharisees watched Jesus very closely. They wanted to see if He would heal the man's hand. Jesus knew what the Pharisees were thinking in their hearts. Jesus asked the man to get up and stand in front of everyone.

Every eye was on Jesus and the man. They knew that Jesus could do a miracle, and they wondered if He would do it on the Sabbath. Jesus asked them which was best, to help someone or hurt them on the Sabbath, to save a life or destroy it.

Then Jesus told the man to stretch out his crippled right hand. When the man did this, a miracle happened! The man's hand was well! It looked just like the other hand. Many people saw what happened and were glad. However, the Pharisees went away and began to plan what they could do to Jesus.

On another Sabbath day, Jesus was again in the synagogue teaching the people. There was a woman there who could not stand up straight. She had been bent over for eighteen years, unable to stand up!

Jesus called her to come over to Him. He told her that she was free from her sickness. Then

Lesson Goals

Learn that Jesus is Lord of the Sabbath Understand how to make Jesus Lord of our life See that Jesus healed people because He loved them He touched her, and immediately the woman could stand up straight! Jesus healed her completely!

Once again, the church leaders were upset because Jesus healed the woman on a Sabbath day. But the other people there rejoiced and praised God.

Isn't it sad that the Pharisees and religious leaders missed the blessing of Jesus' power to heal? They were too worried about following the rules they had made up. They were looking at their rules and not at God and His great love.

God loves us so much. That is the reason He sent Jesus to earth to save us from our sins. Have you accepted God's love and invited Jesus to be Lord of your life? Remember—following a list of rules cannot save you. Romans 10:9 says that you must say with your mouth that "Jesus is Lord" and believe in your heart that God raised Him from the dead to be saved. Why not today?

Review Questions

- 1. What is a Sabbath day? (The day the Jews rested and worshipped God)
- 2. What did Jesus do in the synagogue? (He healed a man with a crippled hand.)
- 3. Why did the Pharisees get angry with Jesus? (Jesus healed the man on a Sabbath day; He said He was Lord of the Sabbath day.)
- 4. What was wrong with the woman in the synagogue? (She was bent over and couldn't stand up straight.)
- 5. What did Jesus do for the woman? (He healed her so she could stand up straight.)

Life Application

What does it mean to you that Jesus is Lord of the Sabbath? The word Lord means Master. A Master is the one in charge—He has control. Jesus is Lord of everything! He made the world and everything in it. He proved

He is Lord over everything when He rose from the dead.

Sometimes you may think that you are in control of your life. But being a follower of Jesus means giving Him control. That is what it means when we say, "Jesus is Lord."

How can you let Jesus be Lord of your life every day? Ask Him about the decisions you make. Then obey Him when you know what He wants you to do. Spend time with Him by reading His Word and praying. Go to church and grow closer to God. There are commands in the Bible like "Love one another." Let Christ control your thoughts and behavior. That's the way to let Him be Lord of your life!

Planning for Lesson 10 Jesus Talks about Attitudes Luke 6:17-23

Preschool Lesson for Lord of the Sabbath

One church day, Jesus and His friends went into the church. They saw a man that had a crippled right hand. It did not look like the other hand.

Other people were at the church, too. These people were trying to find a way to trick Jesus because they didn't believe Jesus was God's son. (Make "mean" faces.)

Jesus knew what they were thinking, and He asked the man with the crippled hand to come and stand in front of everyone.

All the people were watching and waiting to see what Jesus was going to do.

Suddenly, He asked the man to stretch out his crippled right hand. When the man did this, a miracle happened! The man's hand was well!! It looked just like the other hand! Jesus had healed Him.

On another church day, Jesus was again in the church teaching the people. There was a woman there who could not stand up straight. She had been bent over for eighteen years, unable to stand up!

Jesus called her to come over to Him. He told her that she was free from her sickness. Then He touched her, and immediately the woman could stand up straight! Jesus healed her completely!

Jesus loves all kinds of people no matter what they look like. When He was here on earth, He cared for them and showed them that they were special to Him and to God. He wants us to do the same thing.

This week, let's find ways to help all kinds of people and show them that Jesus loves them.

Sing, "Jesus loves me."

Hands-on Activities for Lord of the Sabbath

Try to do an activity with one hand tied or placed behind the back—it's hard. Talk about how hard it must have been for the crippled man. Share how he must have felt to be able to use both hands!

Make hand prints and write the verse, or a thought from the story, on them.

For younger kids, do a fun finger-painting activity. Be sure to bring an oversized shirt to put on so that they will not get paint on themselves.

Act out the story letting different people play the part of the crippled man and/or the woman who was bent over.

Sing songs that talk about Jesus being Lord of everything. Examples would be "He is Lord" or "He's Got the Whole World in His Hands."

"The Son of Man is Lord of the Sabbath day." Luke 6:5



"The Son of Man is Lord of the Sabbath day." Luke 6:5



Word Search Lord of the Sabbath

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| crippled | hand | healed | | | |
| Lord | woman | bent | | | |
| back | eighteen | praised | | | |

Word Search Lord of the Sabbath

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| crippled | hand | healed | | | |
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