

Who Is the Holy Spirit?

Lesson 3

John 13 and 16

Memory verse

Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.
Matthew 28:19-20

Opener

Have you ever felt guilty when you did something wrong? Or you were about to do something wrong and something inside you said “No?” Today we are going to talk a little about this.

We have shared what the Bible says about God and Jesus. This week, we are going to talk about the third person, the Holy Spirit.

Scripture

John 13:4-5

so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. After that, he poured water into a basin and began to wash his disciples' feet, drying them with the towel that was wrapped around him.

John 13:12-13

When he had finished washing their feet, he put on his clothes and returned to his place. "Do you understand what I have done for you?" he asked them. "You call me 'Teacher' and 'Lord,' and rightly so, for that is what I am.

Discussion

Ask: What did Jesus do for the disciples?

Jesus mentioned the Holy Spirit in the Bible and tells us about who He is and what He does for us.

At the last supper before Jesus died and came back to life, Jesus talked to His friends about many things. He even took time to wash their dirty feet.

Ask: What did he want them to learn from it?

He wanted them to see His example and be willing to help others in the same way.

John 14:15-17

"If you love me, you will obey what I command. And I will ask the Father, and he will give you another Counselor to be with you forever—the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you.

Ask: What did Jesus promise?

Jesus told His friends that He would be leaving soon. Jesus shared that the Holy Spirit would come after He left. Jesus called the Holy Spirit the “Comforter.” Then, He told His friends about the things that the Holy Spirit would do.

Ask: What will the Holy Spirit do?

First, the Holy Spirit helps people see that they have done wrong and points them to God. He helps us see that believing in Jesus is the only way to Heaven.

Secondly, the Holy Spirit helps us do right. He is like our conscience who helps us know when we are doing right or wrong. Now, this does not mean that if you don't feel "guilty" about something that it's not wrong. The Holy Spirit may be trying to nudge you but you may not be listening.

Third, the Holy Spirit helps us understand the Bible. When we read the Bible, He can help us learn about it and apply it to what is happening in our lives.

Also, the Holy Spirit prays for us. The Bible says that He prays to God when we sometimes don't know how or what to pray. He is called our Counselor and can help us when we are in need. He comforts us when we go through tough times.

The Holy Spirit also helps us know special gifts or abilities that God has given us. We all know someone who is good at drawing, gymnastics or singing. The gifts God gives us are different. Everyone who is a Christian has a special gift. The Holy Spirit can help us find out what our gift is and use it to help others. Some of the gifts God gives are: teaching, helping, showing mercy and kindness to others, encouraging others, leading, and knowing wrong and right. One thing to remember: we should never want a gift that others have; we should be glad with the gift God has given us and use it to help others.

Application

Application

Ask: How do we know the Holy Spirit is there?

The Holy Spirit is not someone that we can see or touch. However, His presence is very real. It's kind of like the wind. We can't see it, but we can see the effects of it. Another symbol is oxygen. We breathe in oxygen but we cannot see it. Oxygen is in fire and water. Without oxygen, we couldn't have either.

The Holy Spirit also helps us live out the fruit of the Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. He will help us have these qualities in our lives.

We have spent time over the last few weeks talking about God, Jesus and the Holy Spirit. They are three different people but also one. It is sometimes hard to understand this fact. There are several pictures to help us see how this can be. It is one thing but also three different things. A person can be a son, brother, and friend. Water can be in the form of steam, water or ice.

The Holy Spirit is important to us if we believe in Jesus. In fact, He helps us see that we need God and we can't get to Heaven on our own. The only way to Heaven is by believing that Jesus took our place and paid our punishment for the wrong things we have done. Then, we must tell God we are sorry for all the wrongs we have done and ask Jesus to come into our life. He comes in and makes us like a new person. He changes our attitudes and helps us be like Jesus.

Ask: Would you like to invite Christ into your heart?