### Mission Arlington/Mission Metroplex Adult Curriculum

### **Jesus Eats and Prays**

Lesson 12

Luke 22:14-22, 39-46

**Memory verse** 

Nothing is impossible with God. Luke 1:37

Opener

All day Jesus and His friends traveled along dusty, sandy streets to get to the town of Jerusalem. Many people were traveling here to celebrate a special holiday called the Passover. Jesus asked His friends Peter and John to go ahead to get a room and prepare the supper.

**Scripture** 

Luke 22:14-20

When the hour came, Jesus and his apostles reclined at the table. And he said to them, "I have eagerly desired to eat this Passover with you before I suffer. For I tell you, I will not eat it again until it finds fulfillment in the kingdom of God." After taking the cup, he gave thanks and said, "Take this and divide it among you. For I tell you I will not drink again of the fruit of the vine until the kingdom of God comes." And he took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me." In the same way, after the supper he took the cup, saying, "This cup is the new covenant in my blood, which is poured out for you.

Discussion

Ask: How was the meal they ate different?

The meal they prepared was different from the meals we eat at a celebration. They prepared special bread, vegetables, apple puree and lamb.

After dawn, Jesus arrived with his disciples. They sat on pillows while they are and visited.

#### Ask: What did Jesus tell his disciples?

Jesus explained to the disciples that He was going to die. Jesus told them that He would shed His blood for them. He also told them He would live again. Jesus told the disciples that the bread and the wine would remind them of what He did for them. The bread was a picture of His body and the wine was to remind them of His blood.

#### Luke 22:21-22

But the hand of him who is going to betray me is with mine on the table. The Son of Man will go as it has been decreed, but woe to that man who betrays him.

**Discussion** 

#### Ask: What else did Jesus announce to them?

Jesus also told His friends that one of them would betray Him. Jesus knew that His friend, Judas, would turn Him in to be killed.

#### Luke 22:39-40

Jesus went out as usual to the Mount of Olives and his disciples followed him. On reaching the place, he said to them, "Pray that you will not fall into temptation."

After Jesus ate supper with His friends, they went to a garden called Gethsemane.

#### Ask: What did Jesus ask them to do?

Jesus asked His friends to sit down while He went to pray. Jesus took Peter, James, and John along with Him. He became very sad and asked Peter, James, and John to pray with Him.

#### Luke 22:41-42

He withdrew about a stone's throw beyond them, knelt down and prayed, "Father, if you are willing, take this cup from me; yet not my will, but yours be done."

#### Ask: What did Jesus do?

He went a little farther and prayed with His face to the ground. He shared the emotions He was feeling with God. He knew that it was almost time for people to hurt Him and arrest Him. Jesus told God that He would obey. Jesus was willing to do whatever God wanted.

#### Luke 22:43-44

An angel from heaven appeared to him and strengthened him. And being in anguish, he prayed more earnestly, and his sweat was like drops of blood falling to the ground.

#### Ask: Was Jesus alone?

No. An angel from heaven appeared to him and strengthened him. Jesus had submitted to the Father's will. God did not leave Him alone. God sent an angel to be by Jesus' side and to strengthen Him.

#### Luke 22:45-46

When he rose from prayer and went back to the disciples, he found them asleep, exhausted from sorrow. "Why are you sleeping?" he asked them. "Get up and pray so that you will not fall into temptation."

Ask: What did the disciples do?

When he returned to His friends, He found them asleep! He asked them why they couldn't pray with Him. He then asked them to pray while He went away for a second time.

Again when He came back, His friends were asleep. So He left them and went away to pray a third time.

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Sure enough, when He came back, they were still asleep!

When He woke them up, He explained that people were coming to accuse Him and arrest Him. Jesus tried to help them see that soon He was going to be crucified. His friends did not understand.

#### **Application**

## Ask: What did Jesus do just before His most difficult moments of suffering and His death?

Remember that Jesus took time to pray when times were hard. He kept doing what was right even though hard things happened.

#### Ask: What should we do when we face difficult moments?

We must do the same thing. We must keep doing the things that God wants us to do no matter what happens. We must pray in the good times and the hard times. We must also go to Bible study regularly and read our Bible.

#### Ask: What can we learn from these verses?

The most important lesson from this story is the incredible love that Jesus had for us. He willingly died in our place. He took our place, so that we can go to Heaven and be with God if we trust Jesus and believe in Him.

# Ask: Would you like to invite Jesus to be a part of your life? Romans 10:9-10

That if you confess with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you confess and are saved.

Romans 10:9-10 tell us that we need to do two things. First, we have to confess with our mouth that Jesus Christ is Lord. Second, we have to believe in our heart that God has raised him from the dead. Then we will be saved and we will have a new life.

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