

# Old Testament

Mission Arlington • Mission Metroplex Curriculum • 2010

# Through the Old Testament in Two Years

## Part Two



Created for use with young, unchurched learners  
Adaptable for all ages including adults

# Old Testament

## Appeal to be Heard

Last week we learned that Job's friends thought they were helping Job. The friends were wrong about God and they were wrong about Job. They wanted Job to confess his sins so that he could be restored. But Job had not sinned.

## Psalm 5

### Read the Bible

**READ: Psalm 5:1-12 (Hold your Bible open throughout the story.)**

### Memory Verse:

The Lord is full  
of compassion  
and mercy.  
(James 5:11 NIV)

### Begin with Prayer

In Psalm 5, David prays to God. He asks God to hear his groans. (Psalm 5:1) David is certain that God hears his prayers. There is no doubt that God is the type of God who hears the prayers of His people.

Sometimes people cannot hear us because they are far away. Sometimes people don't want to listen to us. But David knew that God hears our prayers.

### Goals

1. Understand that David cried out to God for help.
2. Recognize that David was certain that God hears our prayers.
3. Learn that David understood the importance of being alone with God in prayer.
4. Understand that David committed to seek God in prayer in the morning.

David called God, "My King," meaning that he was loyal to God, that he had chosen to follow "the Lord of Lords and King of Kings." (Psalm 5:2; Revelation 17:14 NIV) David trusted God.

He prayed to God. David understood the importance of being alone with God in prayer and worshipping God. So he came before God with a "cry for help." His prayer was from the heart so he cried for help. (Psalm 5:2) He understood that "The Lord is full of compassion and mercy." (James 5:11 NIV)

David said that he would pray in the morning. He committed to seeking God daily. He prayed in the morning before he had to face the day with its problems. He came before God so that he might receive grace. David trusted God, because of that trust he had hope, and so he waited for God to answer. (Psalm 5:3)

David knew that God does not like sin. God does not like sin because He is a holy God. (1 Peter 1:15) God calls us to turn away from sin. (Acts 3:19) He tells us not to be proud. (Romans 12:16) God doesn't want us to lie, to steal, to cheat, or to kill. (Exodus 20)

### Appeal to be Heard – Bible Facts

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| <b>1. David cried for help.</b><br><b>3. David believed God's love is great.</b> | <b>2. David trusted God.</b><br><b>4. David asked God to help him walk in God's way.</b> |
|--|--|

David understood that God's love is great. The Bible tells us that God is love. (1 John 4:7-8) David said that he would go to God's house. He would bow down in worship in the holy temple. David understood the importance of respect, honor and humility in worship.

Because he had many enemies, David asked God to help walk in His path. David wanted to do what was right, to follow God's way, to serve God. (Psalm 5:7)

David knew that his enemies were liars, that their hearts were evil. (Psalm 5:8-9) David prayed that God would let them see their sin. He asked God to send them away. David said that they choose not to obey God. (Psalm 5:10)

Then he prayed for those who loved and served God. He asked God to bless those who went to Him for protection. He prayed that God would keep them safe in His "loving care." He prayed that they would sing for joy. (Psalm 5: 11-12)

### Review

- 1. How did David pray?** (David cried for help.)
- 2. How did David feel about God?** (David trusted God.)
- 3. What did David believe about God's love?** (David believed that God's love is great.)
- 4. Because of his enemies, what did David ask God for?** (David asked God to help him walk in God's way.)

### Do You Know Jesus?

David understood God's great love for us. God loves us so much that He sent Jesus to die for our sins. (John 3:16) Jesus rose from the dead three days later. God wants us to know Him, to know His love. If we ask Him to be a part of our lives, Jesus will come and be a part of our lives forever. (Romans 10:9-10) If you would like to know more, talk to your teacher about it.

### Prayer Time

- 1. Take a moment to listen to God.**
- 2. Thank God for sending Jesus to show His love for us.**
- 3. Ask God to help you seek Him in prayer.**
- 4. Pray for friends and family members who need to seek God in prayer.**

### Application

David cried out to God for help. He was certain that God hears our prayers. David understood the importance of being alone with God in prayer. He knew God loved him and he trusted God. He asked God to help follow in His ways. David committed to seek God in prayer in the morning. He cried out to God because he knew that "The Lord is full of compassion and mercy." (James 5:11 NIV) God wants us to seek Him in prayer, to know Him, and to trust Him.

### Planning for Next Week

### The Law of the Lord – Psalm 19

# Preschool Lesson

## Read the Bible

**READ: Psalm 5:1-12 (Hold your Bible open throughout the story.)**

**Teachers:** Bring construction paper and create a road that the children are to walk on. Tell them that staying on the path is important.

In Psalm 5, David prayed to God. He asked God to hear his groans. (Psalm 5:1) David is certain that God hears his prayers. There is no doubt that God is the type of God who hears the prayers of His people.

Sometimes people cannot hear us because they are far away. Sometimes people don't want to listen to us. But David knew that God hears our prayers.

David called God, "My King," meaning that he was loyal to God, that he had chosen to follow "the Lord of Lords and King of Kings." (Psalm 5:2; Revelation 17:14 NIV) David trusted God.

He prayed to God. David understood the importance of being alone with God in prayer and worshipping God. So he came before God with a "cry for help." His prayer was from the heart so he cried for help. (Psalm 5:2) He understood that "The Lord is full of compassion and mercy." (James 5:11 NIV)

David said that he would pray in the morning. He committed to seeking God daily. He prayed in the morning before he had to face the day with its problems. He came before God so that he might receive grace. David trusted God, because of that trust he had hope, and so he waited for God to answer. (Psalm 5:3)

David understood the importance of being alone with God in prayer. He knew God loved him and he trusted God. He asked God to help follow in His ways. David committed to seek God in prayer in the morning. He cried out to God because he knew that "The Lord is full of compassion and mercy." (James 5:11 NIV) God wants us to seek Him in prayer, to know Him, and to trust Him.

### Prayer Time

1. Take a moment to listen to God.
2. Thank God for sending Jesus to show His love for us.
3. Ask God to help you seek Him in prayer.

### Memory verse for younger children

The Lord is full of compassion and mercy. James 5:11

## Learning Activities

•**Memory verse activity** — David cried out to God in prayer. Color a picture of someone praying. Write the Bible verse on the coloring page.

•**Test your memory** — Create a prayer book. Title pages should include: who, what, when, where, why, and how. On the “who” page, tell the children to draw a picture of themselves. Tell them anyone can pray to God. On the “what” page, tell the children they may include a list of things that they want to pray for or pray about. On the “when” page, tell the children to create blocks. On each block they can indicate a time when they can pray. On the “where” page tell the children to glue pictures of places they can pray. On the “how” page, tell the children to cut out pictures of children playing, studying, laying down, etc., and glue them on the page. Tell the children they can pray any time and any place.

•**Taste activity** — Bring cookies. Wrap some in foil so that the children cannot see what they are. Bring some banana bread slices and wrap them in foil. Ask the children to choose their snack without opening it. Tell them that when they trust someone who is good they can expect good things.

•**Think about it** — David trusted God. He believed that God would hear and respond to his prayers. Talk about the importance of trusting God to hear and answer our prayers.

David prayed that God would help him walk in His way. Talk about the importance of asking God’s help daily to walk in His way.

•**Touch activity** — Bring construction paper and create a road that the children are to walk on. Tell them that staying on the path is important.

•**Run and play** — David wanted God to help him walk in His ways. Designate an area and path the children are to follow. Ask them to walk through the path the first time. The next time have them run through the path. The third time, ask them to hop through the path. The fourth time, ask them to hop through the path with a partner.

•**Listen** — As the children take time for silence, remind them that God wants us to pray.

•**Sing** — Sing “I Come to the Garden,” or another song related to the story.

•**Reach out** — During class, pray (by name) for kids who did not come today. Ask the children to go with you to deliver the handouts to those who were absent. Take the coloring page with memory verse to them. Pray with the children who were absent. Encourage them to read the story in the Bible.

Memory Verse

The Lord is  
full of  
compassion  
and mercy.  
James 5:11

## Word Puzzle

# Trace the letters.

David

believed

that God

hears our

prayers

## Word Search

B R K T D D E W F N O H S P T S D R  
S O E F E D O G O N B S C R D E E  
C E J T S R B I D R E A P N R T B D  
G H I I S D S N A F L E E O A R D  
D A W H M S F E A L S I D E K O E  
W R I K A E H O E D R R R E O C P  
B P R P Y D C D S F O G A T V R M  
M T M E E B C D R L S H S Y A E L  
D O F Y H R L S G I P R P E R R H  
C B A L I E V N D P E L P C O M H  
K R P E B I O N D L O Y P G R C  
P S D S M K G T U A H H J S W E W

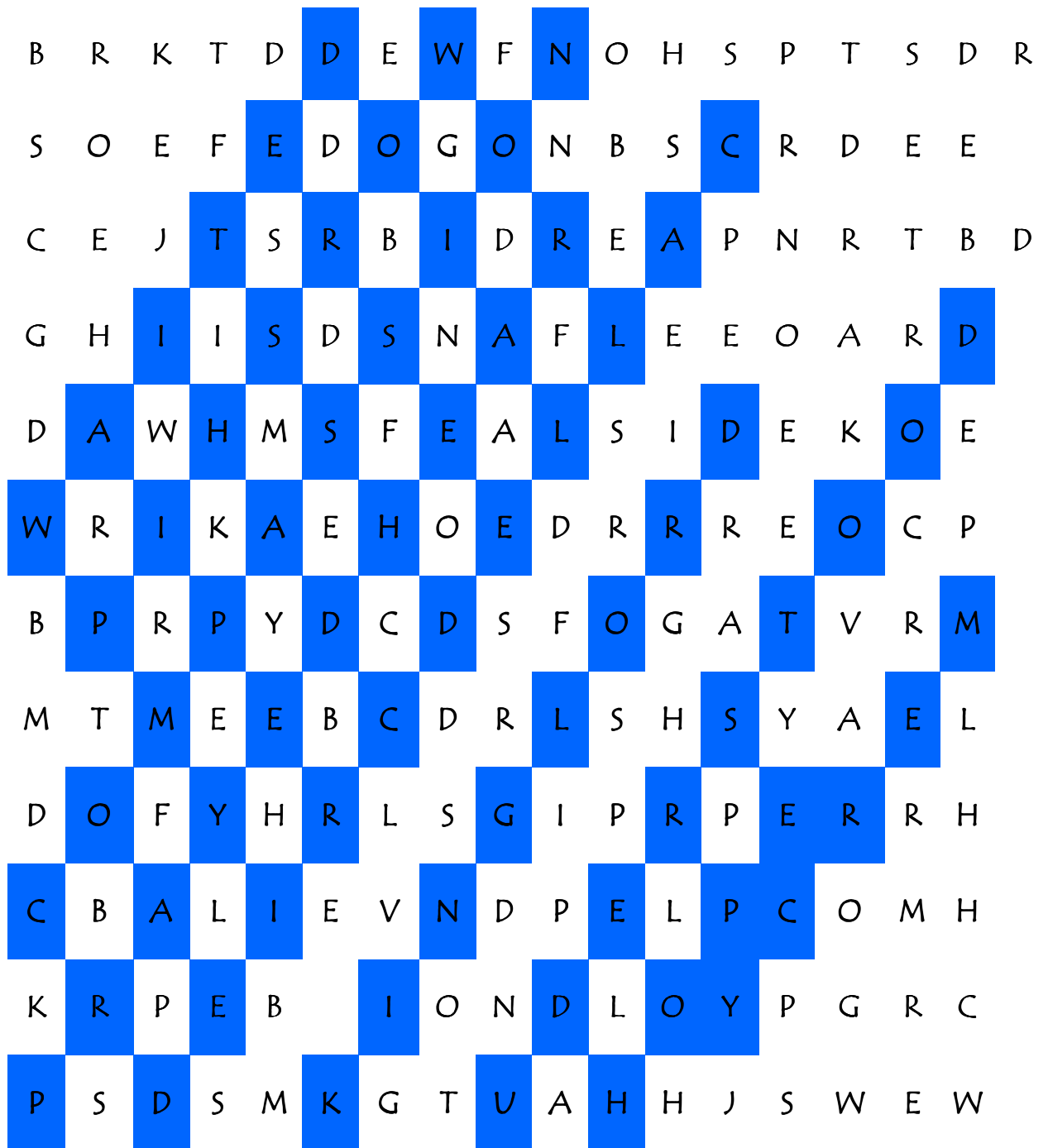
PRAYED  
CALLED  
UNDERSTOOD  
MERCY

HEAR  
KING  
WORSHIP  
HOPE

CRIED  
LORD  
COMPASSION  
WAITED



## Word Search



PRAYED

HEAR

CRIED

CALLED

KING

LORD

UNDERSTOOD

WORSHIP

COMPASSION

MERCY

HOPE

WAITED

## Word Search

K S M R N F K H D F L J  
N R H G M B L M P H V Z  
B P N D B R S T F N D F  
R G M K R S B P L D W K  
T B Y F S N C A L L E D  
J C S W M P Z B K I N G  
H R K G H B F R D B N P  
P S T B F M P S H E A R  
V B F R S W P R A Y E D  
W A L Q V R H R N L V T  
S B P L K M V C R I E D  
M K R D S C D N L O R D

HEAR  
CALLED

CRIED  
KING

PRAYED  
LORD

## Word Search

K	S	M	R	N	F	K	H	D	F	L	J
N	R	H	G	M	B	L	M	P	H	V	Z
B	P	N	D	B	R	S	T	F	N	D	F
R	G	M	K	R	S	B	P	L	D	W	K
T	B	Y	F	S	N	C	A	L	L	E	D
J	C	S	W	M	P	Z	B	K	I	N	G
H	R	K	G	H	B	F	R	D	B	N	P
P	S	T	B	F	M	P	S	H	E	A	R
V	B	F	R	S	W	P	R	A	Y	E	D
W	A	L	Q	V	R	H	R	N	L	V	T
S	B	P	L	K	M	V	C	R	I	E	D
M	K	R	D	S	C	D	N	L	O	R	D

HEAR  
CALLED

CRIED  
KING

PRAYED  
LORD

# Anagram

LDOR

LFLU

PSSOONCIMA

YRCEM

MASJE

REDAPY

RDICE

GDO

TADEWI

# Anagram

LORD

FULL

COMPASSION

MERCY

JAMES

PRAYED

CRIED

GOD

WAITED