

LIFE OF CHRIST  
from the gospel of  
Luke

Lesson 15

Journey to the Cross:  
Jesus is Alive!

Luke 24:1-35

# Life of Christ

## Jesus is Alive!

Luke 24:1-35

### Younger Verse

*And like Christ we also can live a new life.*

*Romans 6:4*

### Older Verse

*Christ has been raised from the dead by the Father's glory. And like Christ we also can live a new life.*

*Romans 6:4*

### Bible Story



*Please note: This portion of the lesson is given to help in teaching the lesson. Please read through the story and read it in the Bible. Do **NOT** read from this piece of paper. Instead, make a note sheet and place it next to the story in the Bible.*

In our last lesson, we talked about Jesus dying on the cross. You may remember that after Jesus died, a man named Joseph took His body down from the cross. Then Joseph wrapped Jesus' body in a long linen cloth. He took Jesus' body and placed it in a tomb carved out of rock. Do you know what day of the week this was? It was late on a Friday.

Some women who loved Jesus, including Mary Magdalene, followed Joseph to see where he put Jesus' body. Then they went home to prepare spices to put on Jesus' body. That was their way of showing they loved Jesus, like people put flowers on graves today.

The women could not go back to the tomb Friday night, because the Sabbath (day of rest) started when the sun went down. So they had to wait until the Sabbath was over.

Early on Sunday morning, when the Sabbath had ended, the women went to Jesus' tomb. They took the spices with them to put on Jesus' body. When they arrived at the tomb, the large stone covering the entrance had been rolled away. They went inside to find Jesus' body, but it was not there!

Suddenly, two men appeared in shiny robes. They were angels. The women were very afraid and they bowed down in fear. The angels asked them why they were looking for a living person in a tomb for the dead. They said that Jesus was not there because He had risen from the dead! They reminded the women that Jesus had told them He would die and rise again. Then the women remembered Jesus' words.

Excited, the women ran to the disciples to tell them what had happened. But the disciples didn't believe them. Peter ran to the tomb to check it out for himself. He found the empty tomb and he saw the linen cloth that Jesus had been wrapped in. Then he went back home.

Later that same day, some men who had followed Jesus were walking to a town called Emmaus. They were talking about Jesus and all that had happened to Him. All of a sudden, a stranger came up beside them. (They thought it was a stranger, but it was really Jesus!) The man asked them what they were talking about. Cleopas, one of them, was surprised this man hadn't heard about all the things that had happened. Jesus asked, "What things?"

### Lesson Goals

**Learn that Jesus' tomb was empty on Sunday morning**

**Learn that Jesus appeared to His followers**

**Understand that Jesus can give us a new life**

They began to explain how Jesus was arrested and nailed to a cross. Sadly, they told the “stranger” that some women went to His grave and found that the body was not there. They told Him how some men went to the grave and found it just as the women said.

Jesus spoke to them, explaining everything that had been written about Himself in the Scriptures. They came to the entrance of the town, and Jesus acted as if He did not plan to stop there. However, the two men begged Him to stay with them.

He entered their home and sat down to eat with them. He took a piece of bread, thanked God for it, and gave it to them. All of a sudden, the men recognized Jesus! How excited they were. At that same moment, Jesus disappeared.

They looked around and He was gone. They couldn’t believe their eyes. The two men were filled with joy and excitement. They jumped up and hurried back to Jerusalem.

As the men were telling the disciples they had seen Jesus, Jesus Himself appeared there with them! The disciples were afraid. They thought Jesus was a ghost. But Jesus told them to touch Him to see that He was real. Jesus said many other things to help them understand all that had happened.

Wow! What an exciting story. But it is not just a story. It is true. Jesus died on the cross and rose back to life three days later. He wants to come and live in your heart. But you have to believe that He is the Son of God and that He died for your sins and rose again. Do you believe? He will come into your life and forgive your sins. You can have a new life!

### Review Questions

1. What day did the women go to put spices on Jesus’ body? (early Sunday morning)
2. What did they find when they got to the tomb? (The stone had been rolled away; the tomb was empty; two angels were there.)
3. What did the angels say to the women? (They asked why they were looking for a living person in a tomb for the dead; they said Jesus was alive.)
4. Who did Jesus appear to? (Two men on a road to Emmaus; the disciples)

### Life Application

Like Jesus died and rose again, when you accept Christ, you “die” to your old life. You rise to live a new life with Christ. This means that you have the Holy Spirit in you. God’s Spirit will help you to resist the old sinful nature and its desires. You can choose to follow a new path with Christ. You can say no to your old ways of sin.

Romans 6:4 says, “Christ has been raised from the dead by the Father’s glory. And like Christ we also can live a new life.”

Planning for Lesson 16  
How to Treat Others  
Luke 6:27-42

## Preschool Lesson for Jesus is Alive!

In our last lesson, we talked about Jesus dying on the cross. After Jesus died, a man named Joseph took His body down from the cross. Then Joseph wrapped Jesus' body in a long linen cloth. He took Jesus' body and placed it in a tomb carved out of rock. Do you know what day of the week this was? It was late on a Friday.

Some women who loved Jesus, including Mary Magdalene, followed Joseph to see where he put Jesus' body. Then they went home to prepare spices to put on Jesus' body. That was their way of showing they loved Jesus, like people put flowers on graves today.

Early on Sunday morning, the women went to Jesus' tomb. They took the spices with them to put on Jesus' body. When the women got to the tomb, they were shocked! (*Gasp, like you are shocked*) The large stone was rolled away from the entrance, and Jesus' body was gone!

Suddenly, two angels were there with the women! The angels told them that Jesus was alive! He had risen from the dead, just like He said He would! The women were so excited. They ran back to tell all Jesus' friends the good news that Jesus wasn't dead any more. He was alive!

Later that day, two friends of Jesus were walking to a town. It was a very LONG walk on a dirt road. They were talking about all the things that had happened to Jesus.

While they were talking, a stranger began to walk with them. (*Whisper, "It was Jesus, but they didn't know it."*) Jesus asked them what they were talking about. The two men stopped. They were amazed that this "stranger" didn't know what had happened to Jesus.

They began to explain how Jesus was arrested and nailed to a cross. Sadly, they told the "stranger" that some women went to His grave and found that the body was not there.

Then Jesus spoke to them, explaining everything that had been written about Himself in the Scriptures. They came to the entrance of the town, and Jesus acted as if He did not plan to stop there. However, the two men begged Him to stay with them.

He entered their home and sat down to eat with them. He took a piece of bread, thanked God for it, and gave it to them. All of a sudden, the men recognized Jesus! How excited they were. At that same moment, Jesus disappeared.

The two men were filled with joy and excitement. They jumped up and hurried back to Jerusalem. They found Jesus' friends and told them they had seen Jesus! As the men were talking, Jesus Himself appeared there with them! The disciples were afraid. But Jesus told them to touch Him to see that He was real. Jesus said many other things to help them understand all that had happened.

Sing "Celebrate Jesus!"



**Hands-on Activities  
for  
Jesus is Alive!**

For preschoolers, bring objects and distinguish whether they are alive or not alive. (Examples may include plants, pictures of people, chair, toys, rocks) Talk about what it means to be alive. Then, share how Jesus came back to life. Explain that we celebrate Easter because Jesus is alive!

Place words or phrases of the verse on slips of paper inside plastic eggs. Hide the eggs and let the kids find them and put the verse in order.

Bring seeds to pass out to the students. Talk about how a seed has to be put in the ground before it can bring life. Compare this to Jesus—He had to die and be buried to have the victory of the resurrection! You could also bring flowers to show what the seeds become. Flowers are a great way to celebrate life!

Bring hard-boiled eggs for the children to decorate. Talk about how eggs represent new life. We can have new life in Christ!

**And like Christ we  
also can live a  
new life.  
Romans 6:4**



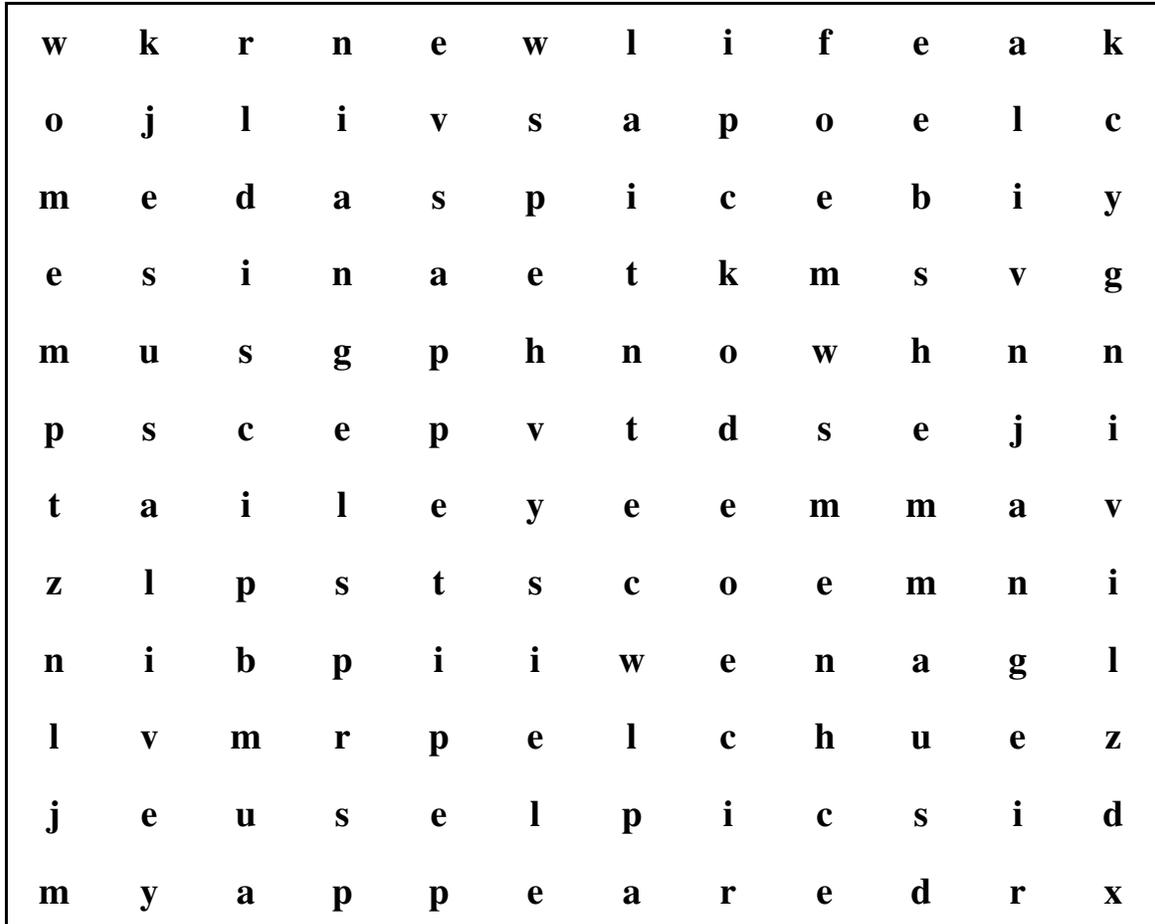
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# Word Search

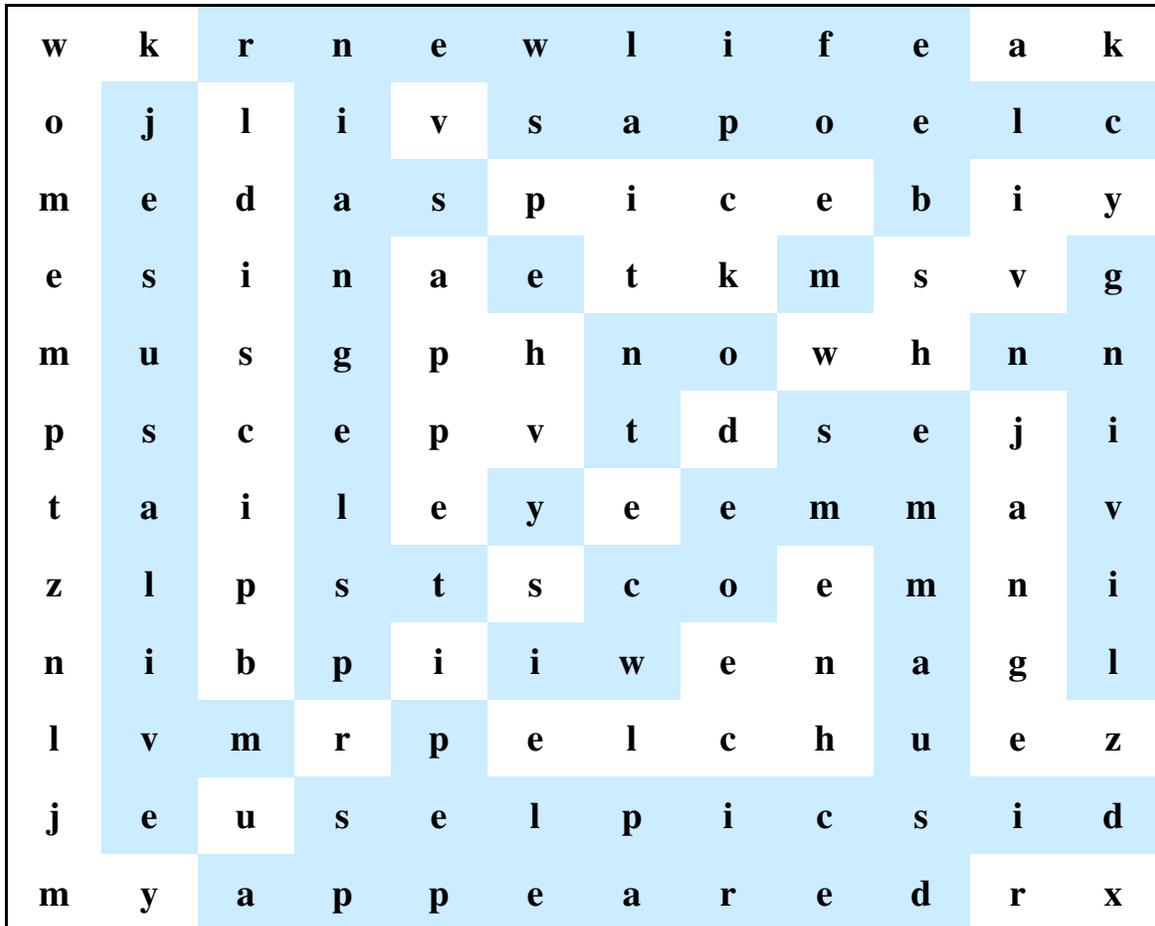
## Jesus is Alive!



women	spices	empty tomb
angels	living	disciples
Emmaus	Cleopas	appeared
Jesus alive	risen	new life

# Word Search

## Jesus is Alive!



women	spices	empty tomb
angels	living	disciples
Emmaus	Cleopas	appeared
Jesus alive	risen	new life

*What did the women take to Jesus' tomb?*

\*Write the next letter in the alphabet to find out.

                               
R O H B D R

How many days was Jesus in the tomb before  
He rose from the dead?

THREE  
THREE

