

Old Testament

Mission Arlington ◦ Mission Metroplex Curriculum ◦ 2011

One Year Plan

GOD'S WORD

Created for use with young, unchurched learners Adaptable for all ages.

GENESIS 18:1-15; 21:1-7



ISAAC IS BORN

Memory Verse:
Jesus looked at them
and said, "With man, that is
impossible. But not with God.
All things are possible with God."
(Mark 10:27)

Lesson Goals

1. Understand that Abraham had to wait for God's promise to be fulfilled.
2. Understand that Abraham and Sarah were old when Isaac was born.
3. Recognize that Abraham believed God.
4. Learn that nothing is impossible for God.

Prayer Time

1. Take a moment to listen to God.
2. Thank God for sending Jesus to deliver us from sin.
3. Ask God to help you follow Him.
4. Pray for friends and family members who need to be delivered from sin.

GOD'S WORD

Isaac is Born

Read Genesis 21:1-7. (Hold your Bible throughout the story.)

Do You Know Jesus?

God loves us and wants us to live with Him forever. God promised us Jesus—He is our way to Heaven. If we believe in Jesus and trust Him in our hearts, we will live forever with God in Heaven. (John 3:16) That's a great promise and a wonderful miracle!

Begin With Prayer.

Do you believe that God can do anything? Abraham and Sarah were very old, and still Sarah had not had any children. But God had a plan. Let's see what happens.

God sent three men to visit Abraham and his wife Sarah in the desert. While they were talking, one of the men asked Abraham where his wife was. Abraham told him that she was in the tent (they lived in a tent). Then the man said, "I will come back in a year and your wife will have a son."

Sarah was listening from inside the tent. She laughed to herself when she heard this because she was 89 years old! She thought to herself, "My husband and I are too old to have a baby." (Genesis 18:10-12)

Then God (appearing as a man) said to Abraham, "Why did Sarah just laugh? Is anything too hard for God?" In the New Testament Jesus told the disciples that, "All things are possible with God." (Mark 10:27) God wants us to trust Him even when things seem to be impossible.

Sarah was afraid. She couldn't believe that this person heard her and knew her thoughts. So she lied and said that she didn't laugh. Do you remember someone else who lied? (Abraham lied to King Abimelech.) Have you ever been afraid and lied? Sometimes we are afraid because of what people will think. Sometimes we don't want to get punished, so we lie. But God wants us to tell the truth. (Colossians 3:9) Sarah lied because she was afraid. But the man insisted that she did laugh.

Then the men got up and left. (Genesis 18:13-15)

Abraham believed God and trusted that God would keep His promises. It took a long time for His promise to finally come to pass. God had told Abraham 14 years before that he would have a child. The promise did not come true until Abraham was 100. Abraham had to wait a long time to see God's promise. In fact, he even tried to do things his way instead of God's way. He had a son named Ishmael. (Genesis 16:15)

Even when Abraham tried to do things his way, God kept His promise and gave a son to him and Sarah. They named him Isaac. His name means "laughter." (Genesis 21:3) They loved Isaac very much.

Another promise God made was the way for us to get to Heaven. And this promise is for ALL people!

Review Questions

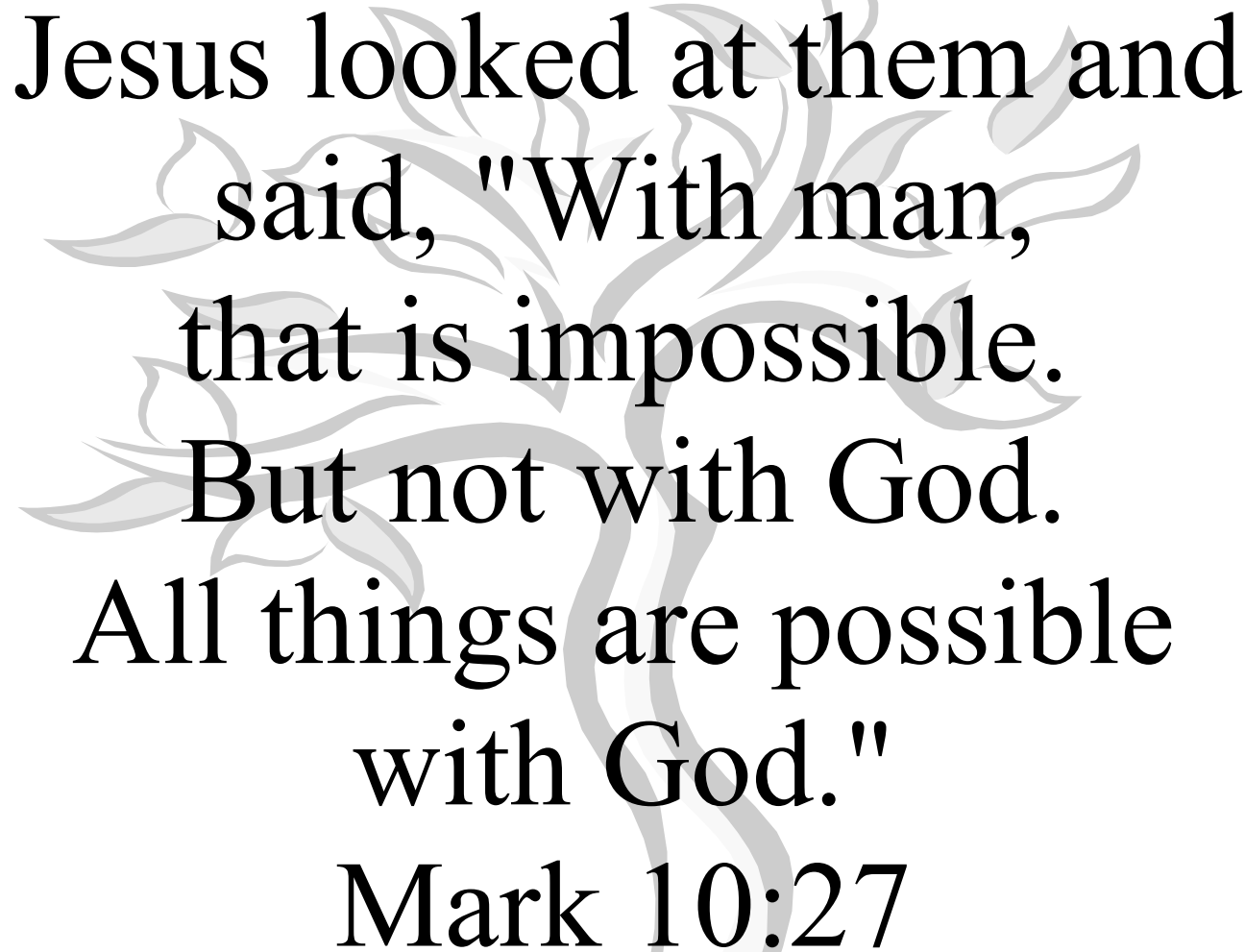
- 1. How old was Abraham when Isaac was born?** (Abraham was 100 years old when Isaac was born.)
- 2. What did God promise Abraham?** (a son)
- 3. What did Sarah do?** (Sarah laughed when she heard she would have a son.)
- 4. What did God do?** (God kept His promise.)

Next Week: Abraham is Tested (Genesis 22:1-18)

Application

God promised Abraham a son. Abraham and Sarah were old, but Abraham believed God. They had to wait for God's promise to be fulfilled, but God kept His promise. Nothing is impossible for God. He wants us to believe and trust in Him.

Memory Verse



Jesus looked at them and
said, "With man,
that is impossible.
But not with God.
All things are possible
with God."
Mark 10:27

Preschool Lesson

Read Genesis 22:1-7. (Hold your Bible throughout the story.)

Memory verse for younger children:
All things are possible with God. Mark 10:27

Teacher: Lead the children in singing "Father Abraham."

Begin With Prayer

Do you remember learning about Abraham? God promised him that he would have a son and that his grandchildren would be more than the stars in the sky.

God sent three men to visit Abraham and his wife Sarah in the desert. While they were talking, one of the men asked Abraham where his wife was. Abraham told him that she was in the tent (they lived in a tent). Then the man said, "I will come back in a year and your wife will have a son."

Sarah was listening from inside the tent. She laughed to herself when she heard this because she was 89 years old! She thought to herself, "My husband and I are too old to have a baby."

Then God (appearing as a man) said to Abraham, "Why did Sarah just laugh? Is anything too hard for God?" In the New Testament Jesus told the disciples that, "All things are possible with God." God wants us to trust Him even when things seem to be impossible.

Do you know what? Sarah did have a baby! Everyone laughed with joy to hear the news that Sarah had a son. Abraham and Sarah named him Isaac because Isaac means "to laugh." Let's all laugh to remember the name.

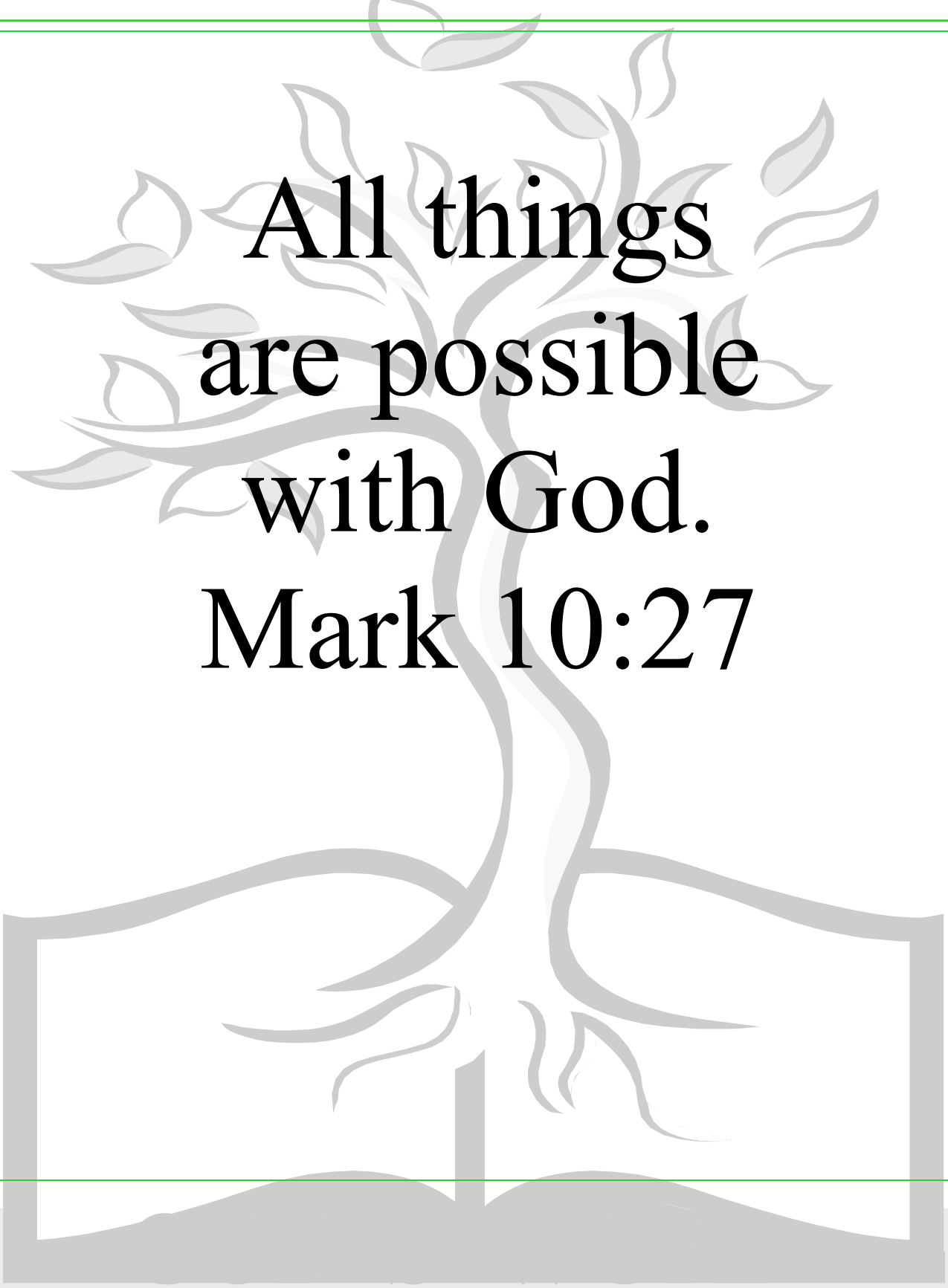
God kept His promise to Abraham. He gave him a son even though he was very old. We can always trust God to keep His promises.

Pray and thank God for keeping His promises

Prayer Time

1. Take a moment to listen to God.
2. Thank God for sending Jesus.
3. Ask God to help you trust Him and obey Him.

Preschool Memory Verse



**All things
are possible
with God.**

Mark 10:27

Word Art

Trace the letters.

Sarah

laughed.

GOD'S WORD

Learning Activities

- **Memory verse activity**— God said Abraham’s grandchildren would be more than the stars and the sand. Bring sand to glue on construction paper. Make a picture with glue and write out the verse. Put newspaper on the table where you are working to collect the grains of sand. Practice the verse.
- **Test your memory**— Cut out paper dolls of Abraham, Sarah, and Isaac. Use the dolls to tell the story. Have the children tell the story.
- **Taste activity** — Bring baby food (applesauce and bananas aren’t that bad) for a snack.
- **Think about it** — Talk about what it must have been like for a woman as old as a grandmother to raise a baby. Talk about what it must have been like for Abraham to raise a son.

Sarah laughed and then lied about it. Talk about how sometimes we sin because we are afraid. Talk about how we need God’s help to live a pure and holy life.

- **Touch activity**— Bring a baby book with names in it (Most of them tell you what different names mean). Let the children see what their names mean. If their name is not in the book, make up a description of what they think their name means.

Let the children put a diaper on a baby doll.

- **Run and play**— Have the children laugh. Practice making laughter sounds. Have two teams and see who laughs the loudest. Give awards for the loudest laugh, the funniest laugh, etc.
- **Listen**— As the children take time for silence, remind them that God wants us to trust Him.
- **Sing** — Take time to sing “Father Abraham,” “My God is So Big,” or another song related to the story.
- **Reach out** — During class, pray specifically for children who did not come today. Ask one or two children to go with you to deliver coloring pages for those who did not attend. Encourage those who did not come to read the story in the Bible.

Rooted and Grounded



Pray

Thank God for sending Jesus to save us from our sins.

Ask God to help you trust Him to keep His promises, even when you have to wait like Abraham did. Pray for people you know who need to learn to trust God. And pray for Bible Study teachers as they teach their students to trust and believe God to keep His promises.

Read the Bible Daily

This week, read Genesis 18-21.

You may want to choose a reading plan that allows you to read through the Bible in a year.

Think About It

Think about what you read. Abraham trusted God, and God blessed him with a son just as He had promised.

Do you trust God? God has promised to give eternal life to those who believe in Jesus as their Lord and Savior. (John 3:16, Romans 10:9) He has promised to always be with us. (Hebrews 13:5)

Do It

God is pleased with us when we trust Him. Hebrews 11:6 says that without faith it is impossible to please God. Are there ways you could trust God more? If you trust God, you will want to obey Him. Talk to God about ways that you can trust and obey Him more. Read Hebrews 11 for examples of those who had faith in God even when they had to wait.

Tell About It

Share the Bible story with a friend. Tell about something you are doing to help you trust God. (Praying, reading the Bible, seeking the counsel of other believers, etc.)

Change it

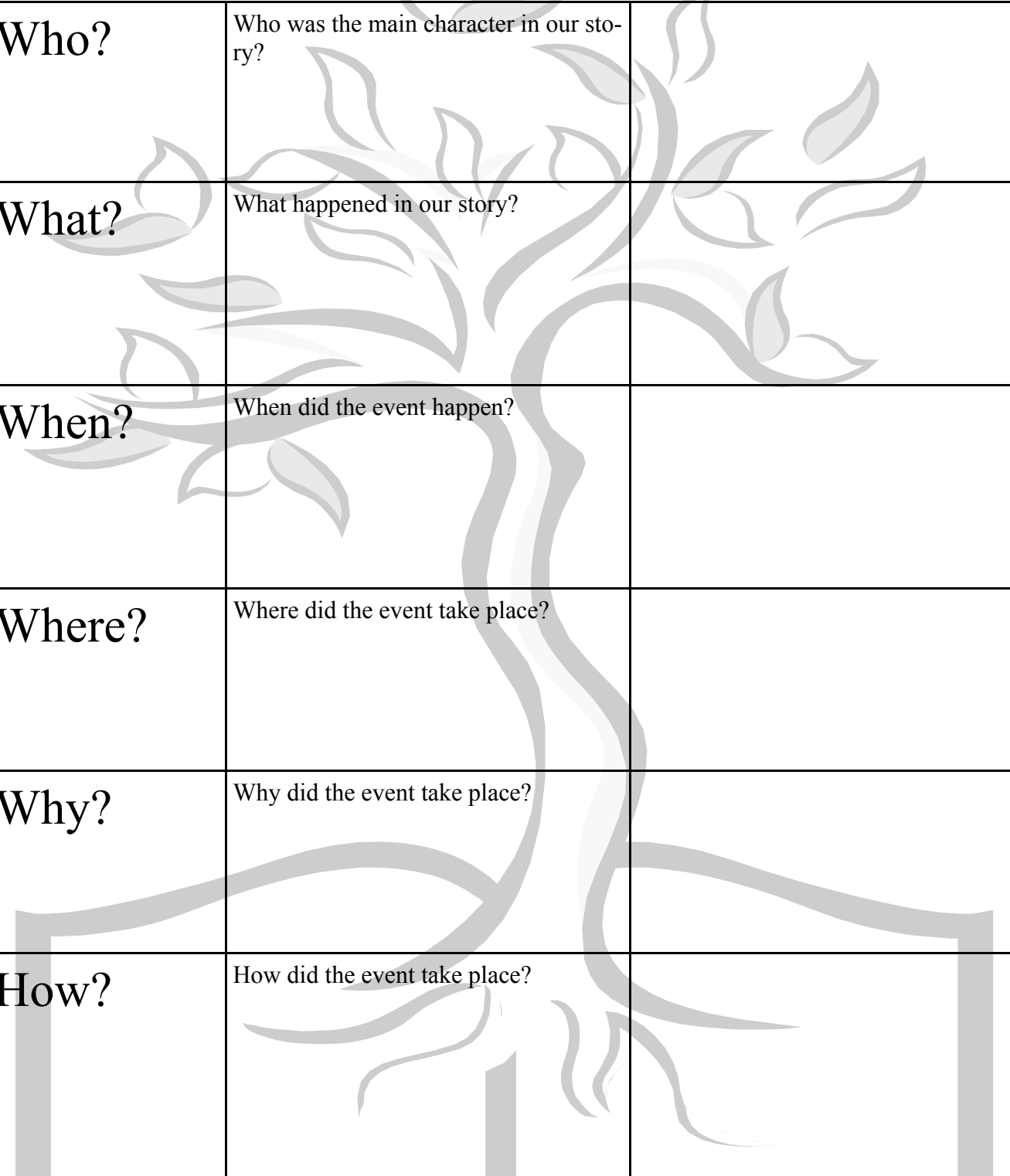
Ask yourself about what needs to change in your life, your attitude, or your actions. (If trust is an issue ask God to help you and to strengthen your faith.)

Study it

Attend Bible study this week.

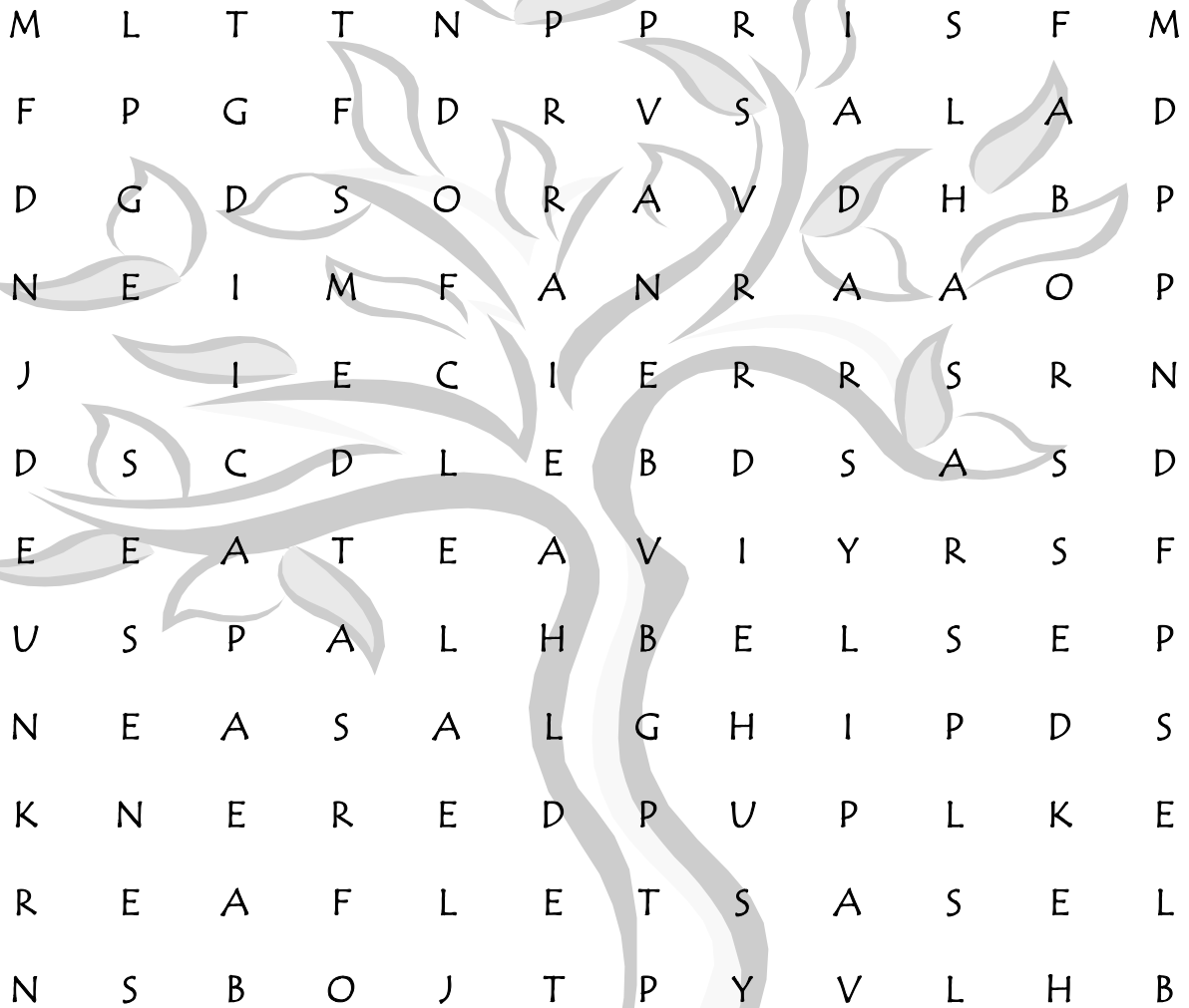
Write verses that relate to your situation on index cards. Find verses about trust, faith, etc. Place the verse/s on your bathroom mirror or in places where you can see them daily. Memorize the verse/s.

Learning the Facts



Who?	Who was the main character in our story?	
What?	What happened in our story?	
When?	When did the event happen?	
Where?	Where did the event take place?	
Why?	Why did the event take place?	
How?	How did the event take place?	

Word Search



M	L	T	T	N	P	P	R	I	S	F	M
F	P	G	F	D	R	V	S	A	L	A	D
D	G	D	S	O	R	A	V	D	H	B	P
N	E	I	M	F	A	N	R	A	A	O	P
J	I	E	C	I	E	R	R	S	R	N	
D	S	C	D	L	E	B	D	S	A	S	D
E	E	A	T	E	A	V	I	Y	R	S	F
U	S	P	A	L	H	B	E	L	S	E	P
N	E	A	S	A	L	G	H	I	P	D	S
K	N	E	R	E	D	P	U	P	L	K	E
R	E	A	F	L	E	T	S	A	S	E	L
N	S	B	O	J	T	P	Y	V	L	H	B

SARAH

LAUGHED

ABRAHAM

OLD

ISAAC

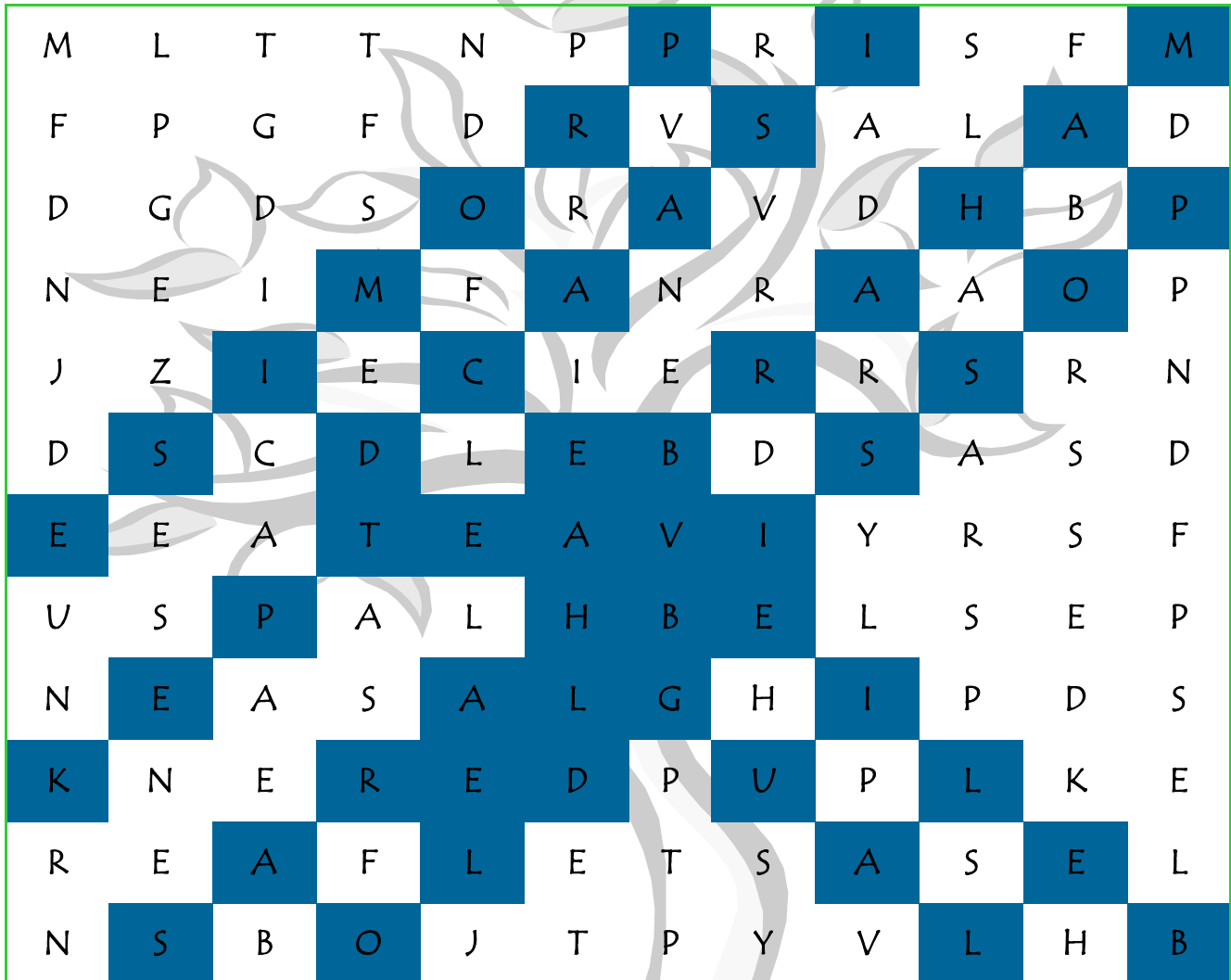
PROMISE

KEPT

POSSIBLE

BELIEVE

Word Search



SARAH

LAUGHED

ABRAHAM

OLD

ISAAC

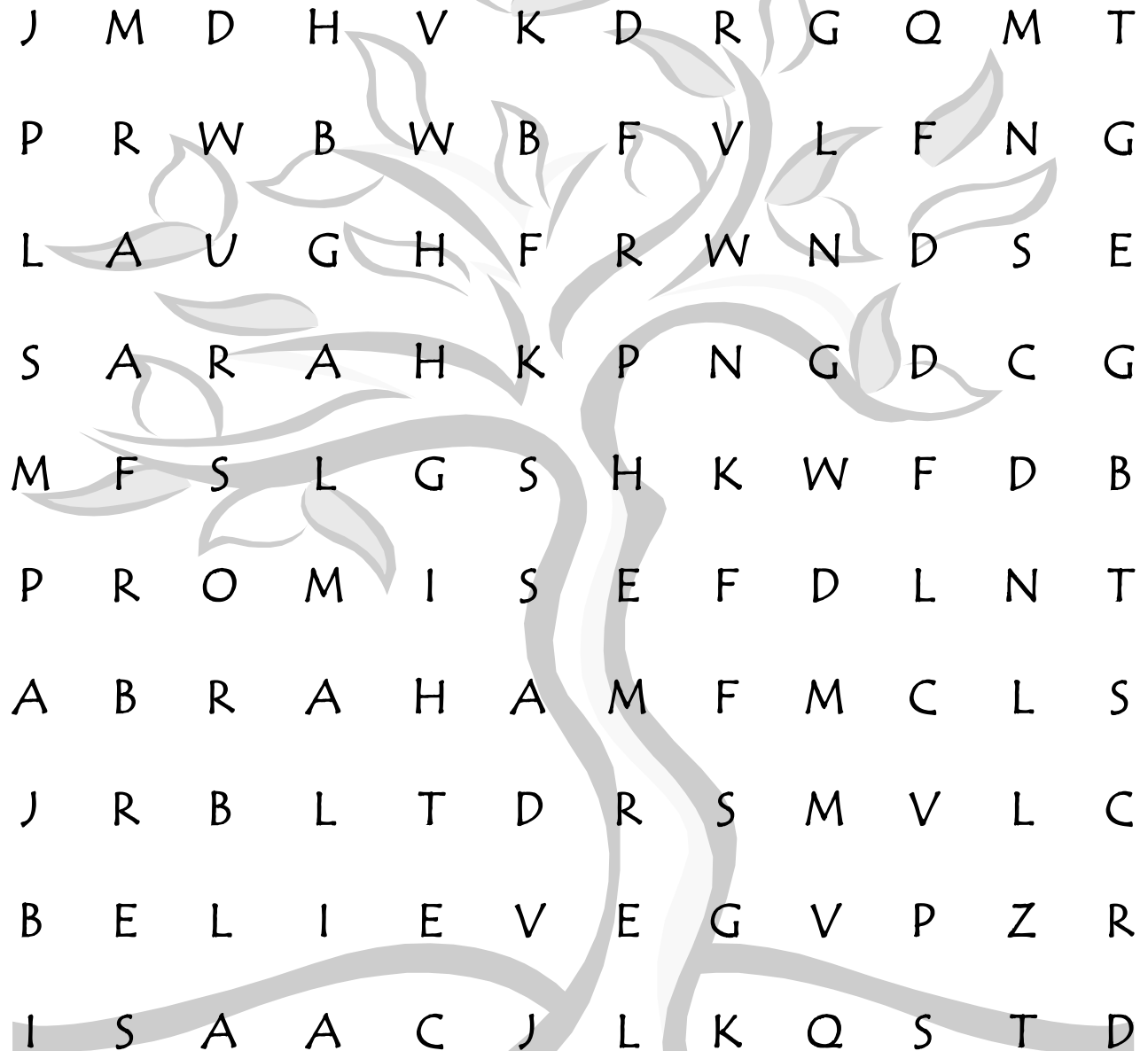
PROMISE

KEPT

POSSIBLE

BELIEVE

Preschool Word Search



J	M	D	H	V	K	D	R	G	Q	M	T
P	R	W	B	W	B	F	V	L	F	N	G
L	A	U	G	H	F	R	W	N	D	S	E
S	A	R	A	H	K	P	N	G	D	C	G
M	F	S	L	G	S	H	K	W	F	D	B
P	R	O	M	I	S	E	F	D	L	N	T
A	B	R	A	H	A	M	F	M	C	L	S
J	R	B	L	T	D	R	S	M	V	L	C
B	E	L	I	E	V	E	G	V	P	Z	R
I	S	A	A	C	J	L	K	Q	S	T	D

SARAH

ABRAHAM

PROMISE

ISAAC

BELIEVE

LAUGH

Preschool Word Search

J M D H V K D R G Q M T

P R W B W B F V L F N G

L A U G H F R W N D S E

S A R A H K P N G D C G

M F S L G S H K W F D B

P R O M I S E F D L N T

A B R A H A M F M C L S

J R B L T D R S M V L C

B E L I E V E G V P Z R

I S A A C J L K Q S T D

SARAH

ABRAHAM

PROMISE

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BELIEVE

LAUGH

Anagram

AMN

BLMPSSIOI

HTGNNOI

POBLEISS

AASHR

GUHAL

AAHMARB

VIEELB

TTSUR

GOD'S WORD

Anagram Solution

MAN

IMPOSSIBLE

NOTHING

POSSIBLE

SARAH

LAUGH

ABRAHAM

BELIEVE

TRUST

GOD'S WORD