

YOUR WORD

SONGS

fun and easy
children's
lyrics to use at
your Rainbow
Express

1. Bubbling

It's bubbling, it's bubbling,
it's bubbling in my soul
There's singing and laughter
since Jesus made me whole
Folks don't understand it,
I cannot keep it quiet!!
It's bubbling, bubbling, bubbling,
bubbling, bubbling day and night

2. Come and Go with Me

Come and go with me to my Father's house
Come and go with me to my Father's house
It's a big, big house with lots and lots of room
A big, big table with lots and lots of food
A big, big yard where we can play football
A big, big house, it's my Father's house

3. Deep and Wide

Deep and wide, deep and wide
There's a fountain flowin' deep and wide
Deep and wide, deep and wide
There's a fountain flowin' deep and wide

4. Do You Love my Jesus

Deep, deep Ohhh deep down down
Deep down in my heart, I love you Jesus
Deep, deep Ohhh deep down down
Deep down in my heart
Do you love my Jesus deep down in your heart?
Yes I love my Jesus deep down in my heart!

5. Father Abraham

Father Abraham had many sons
Many sons had Father Abraham
I am one of them, and so are you
So let's just praise the Lord - Right Arm!

...Left arm, right foot, left foot, nod your head,
turn around, sit down!

6. God Is So Good

God is so good, God is so good,
God is so good, He's so good to me

He answers prayer...
I love Him so....

7. Give Me Oil in my Lamp

Give me oil in my lamp,
Keep me burning, burning, burning
Give me oil in my lamp, I pray
Give me oil in my lamp,
Keep me burning, burning, burning
Keep me burning til the break of day
Sing Hosanna, sing Hosanna,
Sing Hosanna to the King of Kings
Sing Hosanna, sing Hosanna,
Sing Hosanna to the King

Give me gas in my Ford,
Keep me truckin' for the Lord....
Give me wax on my board,
Keep me surfen' for the Lord....
Give me umption in my gumption,
Make me function, function, function....

8. The B-I-B-L-E

The B-I-B-L-E, yes that's the book for me
I stand alone on the Word of God
The B-I-B-L-E

9. He's a Peach of a Savior

He's a peach of a Savior
He's the apple of my eye
He prunes away the branches
when my branches get too high
He stomps my grapes of wrath
when my life gets too tough
That's why I'm bananas for the Lord
He's the vine and we're the branches
He's the vine and we're the branches
He's the vine and we're the branches
That's why I'm bananas for the Lord

10. I'm All Wrapped Up

I'm all wrapped up, I'm all tied up,
I'm all tangled up in Jesus
I'm all wrapped up, I'm all tied up,
I'm all tangled up in God
I'm all wrapped up, I'm all tied up,
I'm all tangled up in Jesus
I'm all wrapped up, tied up, tangled up in God

11. I'm Gonna Sing, Sing, Sing

I'm gonna sing, sing, sing
I'm gonna shout, shout, shout
I'm gonna sing, I'm gonna shout, Praise the Lord
When those gates are opened wide
I'm gonna sit by Jesus' side
I'm gonna sing, I'm gonna shout, Praise the Lord

12. I'm in the Lord's Army

I may never march in the infantry,
ride in the cavalry, shoot the artillery
I may never fly o'er the enemy
But I'm in the Lord's army, Yes sir!
I'm in the Lord's army, Yes sir!
I'm in the Lord's army, Yes sir!
I may never march in the infantry,
ride in the cavalry, shoot the artillery
I may never fly o'er the enemy
But I'm in the Lord's army

13. I've Got a River of Life

I've got a river of life flowing out of me
Makes the lame to walk and the blind to see
Opens prisoners' doors, sets the captives free
I've got a river of life flowing out of me
Spring up oh well (gush gush gush gush)
within my soul
Spring up oh well (splish splash) and make
me whole
Spring up oh well (whoosh) and give to me
That life abundantly

14. I've Got Joy Down in my Heart

I've got joy down in my heart
Deep deep down in my heart
Spell it J-O-Y Down in my heart
Deep deep down in my heart
Who put it there? Jesus put it there
And nothing can destroy it,
destroy it, destroy it — UGH!
I've got joy down in my heart
Deep deep down in my heart

15. I've Got Peace Like a River

I've got peace like a river, I've got peace like
a river
I've got peace like a river in my soul
I've got peace like a river, I've got peace like
a river
I've got peace like a river in my soul
I've got love like a mountain.....
I've got joy like a fountain.....
I've got peace, love, and joy
like a river mountain fountain.....

16. I Have So Much

I have so much, so much, so much, so much,
so much, so much, so much, so much, so
much, so much,
so much, so much, so much (clap) to be
thankful for. (REPEAT)
I have Jesus to be thankful for.....
I have the Bible to be thankful for.....
I have you to be thankful for.....

17. Little Square Box

If I had a little square box to put my Jesus in,
I'd take Him out and hug His neck
and share Him with a friend
But if I had a little square box
to put the devil in,
I'd take him out and STOMP HIS FACE
and put him back again.

18. I've Got the Joy, Joy, Joy, Joy

I've got the joy, joy, joy, joy down in my
heart
Where? Down in my heart
Where? Down in my heart
I've got the joy, joy, joy, joy down in my
heart
Down in my heart to stay
And I'm so happy, so very happy
I've got the love of Jesus in my heart
Down in my heart
And I'm so happy, so very happy
I've got the love of Jesus in my heart

And if the devil doesn't like it
he can sit on a tack! Ouch!.....
And if the devil doesn't like it
he can swallow a bomb! Boom!.....
And if the devil doesn't like it
he can fall off a cliff! Ahhh!.....
I've got the wonderful love of my blessed redeemer
way down in the depths of my heart....

19. If You're Happy and You Know It

If you're happy and you know it clap your hands
If you're happy and you know it clap your hands
If you're happy and you know it
then your face will surely show it
If you're happy and you know it clap your hands
If you're happy and you know it
stomp your feet...
If you're happy and you know it say Amen...
If you're happy and you know it Praise the Lord...
If you're happy and you know it say Yee-Haw...

20. Jesus in the Morning

Jesus, Jesus, Jesus in the morning
Jesus at the noon time
Jesus, Jesus, Jesus when the sun goes down

Love Him...
Serve Him...
Praise Him...
Share Him...
Thank Him...

21. Jesus Is my Rock

Jesus is my Rock, and He rolls my blues away
Bop shoe Bop Shoe Bop Woo!! (Repeat 2x)

22. Jesus Loves Me

Jesus loves me this I know,
for the Bible tells me so
Little ones to Him belong
They are weak but He is strong
Chorus:
Singing na na na na na na na na- Heh!
Na na na na na na na na- Huh!
Yes, Jesus loves me, Yes, Jesus loves me,
Yes, Jesus loves me, The Bible tells me so

Jesus loves me when I'm good
When I do the things I should

Jesus loves me when I'm bad
Though it makes Him very sad
(Chorus)

23. My God Is So Big

My God is so big, so strong and so mighty
There's nothing my God cannot do
My God is so big, so strong and so mighty
There's nothing my God cannot do
The mountains are His, the rivers are His
The stars are His handiwork too
My God is so big, so strong and so mighty
There's nothing my God cannot do, for you

24. No One That I Know

No one that I know walks like you,
Talks like you, or looks like you
No one that I know is like you
No one else does what you do

25. Sheep Song

I wanna be a sheep baa baa,
I wanna be a sheep baa baa
Cuz Jesus loves sheep
I wanna be a sheep baa baa
I don't wanna be a goat nope nope
I don't wanna be a goat nope nope
Cuz there ain't no hope for goats
I don't wanna be a goat nope nope

26. Satan Didn't Like It

Satan didn't like it when we
Came outta the wilderness
Came outta the wilderness
Came outta the wilderness
Satan didn't like it when we
Came outta the wilderness
Walkin' with the Lord, Walkin' with the Lord
Walkin' with the Lord
Satan didn't like it when we
Came outta the wilderness
Walkin' with the Lord

Swimmin' with the Lord...
Dancin' with the Lord...

27. Shake a Friend's Hand

Shake a friend's hand,
 Shake the hand next to you
 Shake a friend's hand and sing along
 Shake a friend's hand,
 Shake the hand next to you
 Shake a friend's hand and sing,
 Sing a ha-la-la-la-la-la-leluah,
 Ha-la-la-la-la-leluah (repeat)

Scratch a friend's back, ...
 Hug a friend's neck...

28. Swing Low, Sweet Chariot

Swing low, sweet chariot
 Comin' fo' to carry me home
 Swing low, sweet chariot
 Comin' fo' to carry me home

29. On a Day Like This

On a day like this (clap, clap)
 On a day like this (clap, clap)
 On a day like this (clap) Ohhhhhhhh
 I need the Lord to help me
 On a day like this (stomp, stomp, clap, clap)
 On a day like this (stomp, stomp, clap, clap)
 On a day like this (stomp, clap) Ohhhhhhhh
 I need the Lord to help me

On a day like this (toot, toot, stomp, stomp,
 clap, clap)...
 On a day like this (pat, pat, toot, toot, stomp,
 stomp, clap, clap)...
 On a day like this (bounce, bounce, pat, pat,
 toot, toot, stomp, stomp, clap, clap)...

30. The Fruit of the Spirit

The fruit of the Spirit's not a banana
 The fruit of the Spirit's not a banana
 If you wanna be a banana
 You might as well hear it
 You can't be a fruit of the Spirit
 Cuz the fruit is love, joy, peace and patience,
 kindness, goodness, faithfulness, gentleness
 and self control
 The fruit of the Spirit's not a coconut...
 The fruit of the Spirit's not a lemon...

31. This is the Day

This is the day, this is the day
 That the Lord has made, that the Lord has
 made
 I will rejoice, I will rejoice
 And be glad in it, And be glad in it
 This is the day that the Lord has made
 I will rejoice and be glad in it
 This is the day, this is the day
 That the Lord has made

32. This Little Light of Mine

This little light of mine, I'm gonna let it shine
 This little light of mine, I'm gonna let it shine
 This little light of mine, I'm gonna let it shine
 Let it shine, let it shine, let it shine
 Hide it under a bush, oh no!
 I'm gonna let it shine
 Hide it under a bush, oh no!
 I'm gonna let it shine
 Hide it under a bush, oh no!
 I'm gonna let it shine
 Let it shine, let it shine, let it shine

Won't let satan blow it out,
 I'm gonna let it shine

33. Walk, Walk, Walk, Walk in the Light

It's a great day to praise the Lord.
 It's a great day to praise the Lord.
 It's a great day to praise the Lord.
 Walking in the Light of Love.
 Walk, walk, walk, walk in the light (Hey!)
 Walk, walk, walk, walk in the light (Hey!)
 Walk, walk, walk, walk in the light (Hey!)
 Walking in the Light of Love.

It's a great day to hug a neck...
 It's a great day to say "Amen!"...

34. What a Mighty God We Serve

What a mighty God we serve
 What a mighty God we serve
 Angels bow before Him
 Heaven and earth adore Him.
 What a mighty God we serve.

35. Who's the King of the Jungle?

Who's the king of the jungle? ooo ooo

Who's the king of the sea?

wiggle wiggle wiggle

Who's the king of the universe,

and who's the king of me?

I tell you J-E-S-U-S! Yes!

He's the King of me

He's the king of the universe,

the jungle, ooo ooo

and the sea. wiggle wiggle wiggle

36. With Jesus in your Boat

With Jesus in your boat,

you can smile through the storm

Smile through the storm,

smile through the storm

With Jesus in your boat,

you can smile through the storm

When you're sailing home

Sailing, sailing home, sailing, sailing home

With Jesus in your boat, you can smile through

the storm when you're sailing home

YOUR WORD

GAMES

fun, easy to
learn group
games for
your Rainbow
Express

Big, Bad Wolf

Have the children stand in a line at one end of the game area. One leader or child is the “Big, Bad Wolf” and will stand at the other end of the area with her back to the children. In unison, the children shout, “What time is it Mr. Wolf?” The wolf answers with an hour, “4 o’clock”, for example. The children take that number of steps forward. If the wolf said “4 o’clock,” the children would take 4 steps toward the wolf. When the wolf thinks the children are close enough to her, she answers their question with, “It’s eating time!” Then she chases them back to their starting line. Anyone she tags joins her as a wolf. The game ends when all but one participant has been tagged.

Knots

Direct children to stand in a circle, then tell them to join right hands with someone across from them. While maintaining that grip, each person should grab a different person’s left hand. No one should join hands with a person immediately beside him or her. The objective of the game simply is to untangle masses of arms, legs, and bodies without releasing hand grips. Twisting or adjusting a grip is permissible and needed to prevent impossible movements of joints! Untangling the knot may take time, but usually a single large circle or two small ones (interconnected) are formed. If, after a reasonable amount of time, the group is still helplessly tangled, direct two participants to drop each other’s hands. Doing so will permit a quick solution.

Overall Understanding

Players are divided into two teams. Teams line up in parallel rows with players standing behind one another. The first player on each team is given a beach ball, or balloon. When the leader says, “Go,” the first player on each line passes the ball backward over her head to the second player. The second player passes the ball under his legs to the next person in line, and so forth. The ball continues to be passed backward down the line, alternately over and under, until it reaches the last player. The last player, receiving the ball, runs to the front of his or her line and begins to pass the ball back again. This continues until every player on the line has a chance to be at the beginning. The team whose first player gets to the front of the line again is the winner.

Parachute

You will have a tarp with you to use for the children to sit on each day. The tarp can double as a “parachute”. Have the kids stand on all sides of the tarp and hold it at waist level. Each side of the tarp is a team, making four teams. Put a beach ball on the tarp. Have the kids shake the tarp. They should try to shake the tarp so that the beach ball falls off another team’s side. Whenever the beach ball falls off the tarp, the team on that side gets a point. The team that has the fewest points at the end of the game wins.

People to People

Tell everyone to find a partner and choose one person to lead the game. The leader yells a body part, and the players will touch each other using that part. For example, the leader might say, “knee to knee,” and the partners will touch knees. After several rounds, the leader will yell, “people to people,” and everyone has to find a new partner. The leader also runs into the crowd and finds a partner. Whoever is left without a partner is the new leader.

Sharks and Minnows

You will need a good size running area for this game. Have the children line up along one side of the area. They are the “minnows”. Have the leader stand in the middle of the area. The leader is the shark. When the shark yells “Go!”, the minnows run to the other end of the area. The shark runs around and tags as many minnows as possible before they reach the other end of the field. When a minnow is tagged, he or she must freeze wherever tagged. When all of the untagged minnows reach the end of the area, the shark yells, “Go!” again. This time the shark and the frozen minnows may tag the runners. The game continues until there is only one minnow left. That minnow is the winner and begins the next game as the shark.

Tag (with variations)

Everybody’s It

There are two rules: (1) everybody is It, and (2) when a player is tagged, he or she is frozen. Have everyone stand in a circle. Then the leader shouts “Everybody’s it!” and the game starts (and quickly ends).

Hospital Tag

The first time a player is tagged, she puts her hand on the part of herself that was tagged. The second time she is tagged, she must put her other hand on that area. The third time, because she is out of hands, she must sit down.

Freezer/Defroster Tag

A tagged player must freeze with his hands and feet on the ground and his back to the sky. He can move again when another player crawls between his hands and feet.

Trust Walk

Choose a landmark in your area to be the “goal” of this game. A mailbox or tree will probably be readily available for this purpose. Blindfold one player and choose another player to be the “guide.” Have the rest of the children scatter themselves between the blindfolded person and the goal. The guide leads the blindfolded person through all the people to the goal while the children in the way will call out other directions. The blindfolded player must listen carefully to the guides instructions. Let the children take turns being blindfolded and being the guide.

Circle Spot Rush

All players stand in a circle, arms’ length apart, facing inward. In the center of the circle are small markers (paper plates, pieces of construction paper, etc.). The number of markers is always one less than the number of players. The leader of the game stands just outside the circle and calls out various types of movement: run, skip, hop, etc. The players move clockwise around the circle in the way directed by the leader. The game leader can also call out *stop* (all players freeze wherever they are) or *about face* (players continue to move in the same manner but reverse directions). When the game leader yells *rush* all players run to the center of the circle and try to stand on one of the markers. Whichever player does not stand on a marker is eliminated. One marker is removed and play continues. The object of the game is to be the last player remaining.

Animal Relay

Each small group will be a team. Teams stand in single file lines, facing a finish line about fifty feet away. The first player runs across the finish line, runs back, tags the next player, and goes to the end of the line. The relay continues until each player has run twice. While they run the game leader calls out various animals. All players must run like that animal until the next one is called. The first team to have all their players finish twice wins.

Sit Down Volleyball- materials needed: beach ball

Divide all players into two equal teams. Have the two teams sit down indian-style facing each other in two to four rows. The object of the game is to get the ball behind the other team. One person throws the ball up in the air and the two teams hit the ball back and forth until one team hits it over the heads of the other team and it lands behind them. Score just like regular volleyball. The catch is that both teams have to stay seated throughout the entire game. You can add variety to the game by having each team use only one hand or sitting with teams backs toward each other instead of facing each other.

Elbow tag

Assign all players a partner. Spread pairs out evenly across the playing area. Have the pairs link arms. Choose one pair to start out as the chaser "It", and the chasee. Just like regular tag, It tries to tag the chasee. If the chasee is tagged, he or she in turn becomes it and the chase reverses. The chasee's goal is to link with another player. When the chasee links arms with one side of a pair, the other player must unlink, becoming the chasee.

YOUR WORD

PUPPETS

lyrics for each
of the songs
used in the
Rainbow
Express
puppet shows

Day 1: Don't Worry, Trust Jesus

Here's a little song I wrote
You might want to sing it note for note
Don't worry, trust Jesus
In every life you'll have some trouble
But when you worry, you make it double
Don't worry, trust Jesus
Don't worry, trust Jesus now
Don't worry, trust Jesus. Don't worry, trust Jesus

Look at the birds, they don't grow crops
But your Father's love for them never stops
Don't worry, trust Jesus
Consider the lilies, they do not spin
Don't worry, trust Jesus
Don't worry, trust Jesus now
Don't worry, trust Jesus. Don't worry, trust Jesus

When you worry you want to quit
That won't help you out one bit
Don't worry, trust Jesus
Just look all around and you know it's true
The Father will take care of you
Don't worry, trust Jesus
Don't worry, trust Jesus now
Don't worry, trust Jesus.

Jesus said,

“Don't worry about things: food, drink, and clothes. Well, you already have life, and a body, and they are far more important than what you eat and wear. Look at the birds! They don't worry about what to eat! They don't need to sow, or reap, or store up food! For your Heavenly Father feeds them, and you are far more valuable to Him than they are. Will all your worries add a single moment to your life?”

Day 2: He Loves You

Chorus

He loves you, yeah, yeah, yeah
He loves you, yeah, yeah, yeah
He loves you, yeah, yeah, yeah, yeah

You may think you're not loved, and think God's far away
But it's you He's thinking of, and His Word has this to say
It says He loves you, though He knows that you've been bad
He loves you, and you know that you should be glad. Oooh

God sent His own Son

Just so you could be saved
He died for everyone, and He rose up from the grave
because He loves you, though He knows that you've been bad
He loves you, and you know that you should be glad. Oooh

Chorus

He loves you, yeah, yeah, yeah
He loves you, yeah, yeah, yeah
With a God like that
you know you should be glad. Oooh

You know its up to you, to make the choice that's smart
So say you love Him too
Ask Jesus in your heart

because He loves you, though He knows that you've been bad
He loves you, and you know that you should be glad. Oooh

Repeat Chorus

With a God like that
you know you should be glad (2x)

Yeah, yeah, yeah, yeah, yeah, yeah, yeah

Day 3: Help Me, Jesus

Well the devil's buggin' me
And he's puttin' thoughts in my head
I'm about goin' crazy from
The wicked things he said
But Jesus, you're in control (*in control*)
And I know that you can save my soul
And you can help me Jesus
Help me get him out of my heart

Chorus:

Help me Jesus, help, help me Jesus (*repeat six times*)
Help me Jesus, yeah
Get him out of my heart

Well you're gonna be my Savior
And I'm gonna be your kid
I'm confessing all my sins
And you're forgivin' all the things I did

Well, Jesus you'll be my guide (*be my guide*)
And I won't have a thing to hide
'Cause you can help me Jesus
Get the devil out of my heart

(Repeat Chorus two times.)

Day 4: All Prayed Up

A-well' a bless my soul
God is here with me
I'm happy as a man could ever be
My life is an ever overflowin' cup
I'm on fire
I'm all prayed up
Mm mm mm, mm, yay, yay, yay

Well, my hands are folded and my knees are bent
I read the New and Old Testament
I don't even let the phone interrupt
I'm on fire
I'm all prayed up
Mm mm mm, mm, yay, yay, yay

Well, I tell Him everything that's on my mind
And He lets me know it'll all be fine
I could try it on my own, and I'd do my best
But to live without prayer would scare me to death

Well He touches my soul and He gives me peace
He carries my burden, what a sweet release
I'm glad to say that He fills my cup
I'm on fire
I'm all prayed up
Mm mm mm, mm, yay, yay, yay

I go to my room and I close the door
I just wanna stay there more and more
There's only one cure for this sould of mine
That's to get alone with God and spend some time

Well He touches my soul and He gives me peace
He carries my burden, what a sweet release
I'm glad to say that He fills my cup
I'm on fire
I'm all prayed up
Mm mm mm, mm, yay, yay, yay
Mm mm mm, mm, yay, yay
I'm all prayed up

YOUR WORD

Memory Verse

activities to use for reviewing the memory verse during small group times

Teams

Divide the kids into two teams. Let one side say the first part of the verse and let the others complete it. See how loud and soft and fast and slow each side can be. (Remember you can be creative in your team divisions: Boys v. Girls, Sandals v. Tennis Shoes, Eye or Hair Colors, kids wearing shorts v. kids wearing jeans...etc.) Compliment both teams on a job well done.

Memory Verse Challenge

Make signs using construction paper with one or two words of the verse on each. Have several workers or children stand at the front and hold the signs so that everyone can see the words. Lead the children in saying the verse together a few times. Then, one at a time, have the sign holders hide their sign, and say the verse together again. Repeat this until all the signs are hidden and say the verse one more time.

Hand Signs

Assign a hand motion for each word of the verse. Teach the children the hand signs and the words at the same time. Then say the words while the children only do the hand motions. And then do the hand motions while the children say the words.

Volley Verse

Sit or stand in a circle. Take a soft ball or balloon and pass it around in a circle, each person saying one word of the verse as they hold the ball and pass it on. Go fast and slow, repeating the whole verse each time. When the kids feel comfortable saying the verse, volley the ball from person to person across the circle, letting each person say one word as they pass the ball.

Verse Pop

Gather several small strips of paper and write one or two words of the verse on each strip. Put each paper inside a balloon and inflate the balloon. Let the children who are sitting the most quietly pop the balloon handed to them, and say the word they find inside. Have all the children repeat the word and continue until all the balloons are popped. Have a copy of the entire verse ready so that, in the end, the children can see the whole verse on one page. Repeat the verse several times with all the children. (It is a good idea to write numbers on the balloons so you can hand them to the children in the correct order. Also, be aware of smaller children who might be afraid of the popping noise.)

Verse Puzzle

Write the verse on a piece of paper and cut the paper into 6-10 pieces. Let the children put the puzzle together as a team. Make sure everyone gets a chance to help. When it is finished, say the verse altogether. Put the puzzle together again. See how fast the children can finish the puzzle and say the verse.

Verse Sticks

Write phrases of the verse on several craft sticks. Work together to put the sticks in the correct order.

Verse Chain

Gather several small strips of paper and write one or two words of the verse on each strip. Working together in your small group, tape the links together in circles to make a paper chain. When you finish, say the verse altogether.

**Your word is a
lamp to my feet and
a light to my path.**

Psalms 119:105

(NIV)

Tu palabra es una
lámpara a mis pies;
es una luz en mi
sendero. Salmos

119:105 (NVI)

Useful Items to Bring for Rainbow Express

Here are some items that may be useful for your group during Rainbow Express. Try to bring as many as you have and cargo space permits. Some of these items can be borrowed from Mission Arlington/Mission Metroplex if you do not have a way to bring them.

- Some of the memory verse activities require simple supplies like balloons or popsicle sticks. These items may or may not be available at Mission Arlington, so bring what you need.
- Tarp (at least 10' by 10'): excellent to use for the children to sit on during Rainbow Express
- Posterboard: use it for memory verse posters, puzzles, etc.
- Puppets: Mission Arlington has some to loan if you don't have access to puppets
- Battery operated CD player (with batteries): *Very* important
- Copies of the puppet music CD: one for each team. Also very important.
- Water cooler and drinking cups: *extremely* good idea. It's hot in Texas.
- Craft supplies: Mission Arlington will provide some glue, scissors, crayons, etc. You may find it helps your group run smoother if you have some extras.
- Games equipment: cones, hula hoops, etc. will be very useful during your game time. *Note: Please do NOT bring balls or frisbees unless they are of the soft, "Nerf" foam variety. This is by request from the managers of the apartment communities where we hold Rainbow Express.*

A final word . . .

Whether you are coming here to Mission Arlington or using this material for another mission outreach, we are grateful for the opportunity to partner in ministry with you. Please contact us with any questions or to let us know how we can pray for you. Daily updates and prayer requests at Mission Arlington, as well as a variety of additional curriculum resources, are available at our web site.

For this reason I kneel before the Father, from whom his whole family in heaven and on earth derives its name. I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

Ephesians 3:14-21 (NIV)

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TECHNICAL NOTES

- **Color vs. Black & White**—Returning users of this curriculum will notice that for the first time it is presented in color. This is to help visual aids, tips, etc. be easier to find and use and for the benefit of those viewing the curriculum on–line. We are aware that, for some, color printing is cost prohibitive. This curriculum is formatted to be perfectly legible and usable if printed in grayscale or from any normal black and white printer. Please do not feel a need to spend more than you are comfortable with on printing.
- **Graphics Printing Incorrectly**—Some printers have trouble with the graphics format in the curriculum. *Your printer may print the craft pages as solid black squares. If this is happening change your graphics print mode from **vector** to **raster**.* How to do this varies with print drivers, so you may need to consult your print driver’s help file. Generally, when you choose print you are given a tab or button that says properties or print quality. Graphics modes is usually an option in one of these fields. If this still does not work for you, please let us know. Call the Mission Arlington Office at 817-277-6620 or e-mail us at mission@missionarlington.org.